

MULTIPLE CHOICE QUESTIONS

Course: 3 rd Professional BAMS (RS), September 2021	Max. Marks: 20 Marks
Subject : Roga Nidana Paper – I, QP Code: 4015	Time: 30 Minutes

Instructions:

- Each question is followed by four options.
- Pick up the single best option and darken the appropriate circle in the OMR Sheet provided.
- Each question carries one mark. No negative marking.

1. Bhavi-vyadhi-prabodhakam develops during
(A) Vyakta (B) Stana-sanshray
(C) Prasara (D) Bheda
2. Which nidana is preraka
(A) Vyanjaka (B) Sannikrista
(C) Utpadaka (D) Pradhanika
3. Widal test is advised to investigate
(A) Typhoid fever (B) T. B
(C) Malaria (D) Kala-azar
4. Prajnaparadha is due to vibhrashta of
(A) Dhee (B) Dhriti
(C) Smriti (D) Dhee, dhriti, smriti
5. Takrasevana in vata-kaphaja grahani is an example for
(A) Vyadhi – vipareetha ahara (B) Hetu-vyadhi vipareetha aushadha
(C) Hetu-vyadhi- vipareetha ahara (D) Vyadhi vipareetha aushada
6. Heberden's nodes are seen in
(A) Osteo arthritis (OA) (B) Rheumatoid arthritis (RA)
(C) Gouty arthritis (D) Rheumatic arthritis
7. Kapha prakopa occurs in
(A) Shishira (B) Vasanta
(C) Greesma (D) Hemant
8. Shonita gamana and shyavagatha are the symptoms seen in injury to
(A) Pranavaha srotus (B) Raktavaha srotus
(C) Rasavaha srotus (D) Mamsavaha srotus
9. Indriya pradhoshaja vyadhi include
(A) Upalepanam (B) Upatapam
(C) Upaghatam (D) Upatapam & Upaghatam
10. Ashta nindita purusha are describe by
(A) Vaghbata (B) Chakrapani
(C) Charaka (D) Sushruta
11. Kaphaja nanatmaja vihara are
(A) 40 (B) 20
(C) 60 (D) 80

12. The disease caused by santarpana is
(A) Prameha (B) Swara
(C) Grahani (D) Rajayakhstra
13. Following is not a sign of inflammation
(A) Pallor (B) Tumor
(C) Rubor (D) Calor
14. Following is a parasitic disease
(A) Candidias (B) Mycetoma
(C) Amoebiasis (D) Rabies
15. Thiamine is another name for
(A) Vit B6 (B) Vit B2
(C) Vit B1 (D) Vit B12
16. Which one is 'NOT' included in dashavidha pareeksha
(A) Saara (B) Samhanana
(C) Spasrsha (D) Satwa
17. Tailabindu pareeksha is meant for
(A) Sukra pareeksha (B) Rakta pareeksha
(C) Mootra pareeksha (D) Kapha pareeksha
18. Viruddha does
(A) Doshaprakopa (B) Doshashamana
(C) Doshautkistahara (D) Doshakshaya
19. Srotodusti laxana of srotus is
(A) Atipravrutti (B) Niranna
(C) Ama (D) Pacchamana
20. Asatmyendriyarthasamyoga is
(A) Nidana (B) Kala
(C) Samprapti (D) Poorvarupa

BAMS 3rd PROFESSIONAL DEGREE EXAMINATION (RS) - SEPTEMBER 2021

Time: 3 Hours

Max. Marks: 80

**ROGA NIDANA
PAPER – I**

Q.P. Code: 4015

Answers should be specific to the Questions asked.
Draw neat, labeled diagrams wherever necessary.
All questions are compulsory.

	Marks
1. M.C.Q.	20 X 1 = 20
LONG ESSAY QUESTIONS:	2 X 10 = 20
2. Define ama, causes of ama, concept of ama and explain the sama and nirama dosha lakshana.	(2+2+3+3)
3. Define vyadhi, its paryaya, explain its classification and vyadhi namakarana in Ayurveda.	(2+2+3+3)
SHORT ESSAY QUESTIONS:	5 X 5 = 25
4. Define srotas, explain samanya srotodusti karana and dusti lakshana	(1+2+2)
5. Define Agni, causes of Agni dusti, lakshanas of agni dusti.	(1+2+2)
6. What is Ojas? Explain types and ojo dusti lakshana in detail.	(1+2+2)
7. Define kriyakala, enumerate them, write its importance and write in detail about bheda kriyakala.	(1+1+1+2)
8. Explain Indriya Pradoshaja vikara and its importance.	(2+3)
SHORT ANSWER QUESTIONS:	5 X 3 = 15
9. What is the difference between Dhatu & Upadhatu?	(1+2)
10. Mention the gunas and karma of vata dosha?	(1+2)
11. Define Vyadhikshamatva and describe its types.	(1+2)
12. Enlist the cardinal signs of Inflammation.	(3)
13. Explain about Trividha Pariksha.	(3)

MULTIPLE CHOICE QUESTIONS

Course: 3 rd Professional BAMS (RS), September 2021	Max. Marks: 20 Marks
Subject : Roga Nidana Paper – II, QP Code: 4016	Time: 30 Minutes

Instructions:

- Each question is followed by four options.
- Pick up the single best option and darken the appropriate circle in the OMR Sheet provided.
- Each question carries one mark. No negative marking.

1. One of the following symptom seen in parinama shula
(A) Mala aur mutraka avarodha (B) Vamana
(C) Trushna (D) Daha
2. Which dosha involvement will be there in palithya
(A) Vata (B) Pitta
(C) Kapha (D) Tridosha
3. Which one of the following is Maha Kushta according to charaka
(A) Kapala (B) Aruna
(C) Dadru (D) Udumbara
4. Muharbaddam Muhardravam is prathyatma laxana of
(A) Ajeerna (B) Grahani
(C) Atissara (D) Amlapitta
5. Srotodusti prakara in pandu
(A) Sanga (B) Vimargamana
(C) Atipravruithi (D) Granthi
6. Srotas involvement in hikka
(A) Prana, udaka, anna (B) Rakta, prana, anna
(C) Mamsa, rakta, anna (D) Prana, anna, mamsa
7. Types of shwasa explained by madhav nidan
(A) 3 (B) 4
(C) 5 (D) 6
8. Purva-rupa of vata vyadhi
(A) Bhrama (B) Loma harsha
(C) Kampa (D) Avyakta
9. Lakshana of bahya krimi
(A) Kandu, kota, peedaka (B) Aalasya
(C) Chardi (D) Karshya
10. Types of agantuja jwara
(A) 3 (B) 4
(C) 5 (D) 6
11. Jwara mukta lakshana according to acharya susruta is
(A) Sweda pravrutti (B) Kampa
(C) Glani (D) Shotha

12. Vishama aramba is the lakshana of
(A) Sannipataja jwara (B) Vishama jwara
(C) Vataja jwara (D) Pittaja jwara
13. Which of the following is not one of shad roopa of rajyakshma
(A) Murcha (B) Shwasa
(C) Kasa (D) Jwara
14. How many types of shosha explained by sushruta?
(A) 6 (B) 7
(C) 8 (D) 9
15. "Tila pista sannibham of purisha" in kamala is due to obstruction of
(A) Pitta by vata (B) Pitta by rakta
(C) Pitta by kapha (D) Pitta by sweda
16. Upadrava of pandu is
(A) Kamala (B) Jwara
(C) Atisara (D) Unmada
17. Adistana of amavata
(A) Amashya (B) Pittashya
(C) Vatasthana (D) Kaphasthana
18. Which type of vata is vitiated in chardi
(A) Udana and vyana vata (B) Udana and apana vata
(C) Vyana and apana vata (D) Samana and udana vata
19. Which is the adhistata sthana of vatarakta
(A) Hasta pada angulya sarvasandhi (B) Amapakshya
(C) Hasta sandhi (D) Kosta and pada
20. Types of Klaihya according to charaka
(A) 3 (B) 4
(C) 5 (D) 6

BAMS 3rd PROFESSIONAL DEGREE EXAMINATION (RS) - SEPTEMBER 2021

Time: 3 Hours

Max. Marks: 80

**ROGA NIDANA
PAPER – II**

Q.P. Code: 4016

Answers should be specific to the Questions asked.
Draw neat, labeled diagrams wherever necessary.
All questions are compulsory.

	Marks
1. M.C.Q.	20 X 1 = 20
LONG ESSAY QUESTIONS:	2 X 10 = 20
2. Write hetu, samprapti, bheda, lakshana and sadhyasadyata of Gridhrasi.	(2+2+2+2+2)
3. Write hetu, samprapti, bheda, lakshana and sadhyasadyata of Prameha.	(2+2+2+2+2)
SHORT ESSAY QUESTIONS:	5 X 5 = 25
4. Define atisara and differentiate atisara, pravahika and grahani.	(2+1+1+1)
5. Enumerate the samanya nidana and explain about samprapti of sandhigatavata.	(2+3)
6. Define diabetes. Enumerate the criteria for diagnosis of diabetes mellitus.	(2+3)
7. Define jwara and explain in detail samprapti of vishama jwara.	(2+3)
8. Describe samprapti and bheda of swasa.	(3+2)
SHORT ANSWER QUESTIONS:	5 X 3 = 15
9. Write hetu and lakshan of Ajirna	(1+2)
10. Define rajyakshma and write the sadhyasadyata of rajyakshma	(1+2)
11. Write diagnostic tools for AIDS	(3)
12. Define kamala and write the sadhyasadyata of kamala.	(1+2)
13. Define malaria and describe life cycle of malarial parasite.	(1+2)

THIRD PROFESSIONAL BAMS DEGREE EXAMINATION (RS & RS2) SEPTEMBER 2021

Time: 3 Hours

Kaumarbhritya Parichaya Q.P. Code: 4421/4021

Max. Marks: 80

Objective Instructions

- Each question is followed by four options.
- Pick up single best option and darken appropriate circle in OMR Sheet
- Each question carries one mark. No negative marking

Subjective Instructions

- Answers should be specific to the Questions asked.
- Draw neat, labeled diagrams wherever necessary.

M.C.Q. 20 X 1 = 20

- Vedanaadhyaya is separately told by
 - Caraka
 - Susrutha
 - Vagbhata
 - Kashyapa
- Till what age a child attains social smile?
 - 4 months
 - 6 months
 - 2 months
 - 8 months
- Kumaradhara? Means
 - One who always takes care of the baby
 - One who feeds the baby
 - One who take cares of the mother
 - One who has no children
- Acharya charka recommends to cut the nabhinala at
 - 4 angula
 - 6 angula
 - 8 angula
 - 10 angula
- Which one of the following is stanasampat
 - Naatilambha
 - Vivarnata
 - Uragandhi
 - Shavavarna
- To avoid nipple confusion. What type of feeding is advised
 - Bottle feeding
 - Paladay feeding
 - HMF feeding
 - Syringe feeding
- Which one of the following is the ayurvedic correlation of canine teeth
 - Rajadanta
 - Vasta
 - Vivṛta
 - Damstra
- Caput succedaneum usually disappears within how much time
 - Within 1 day
 - 2 to 3 day
 - 4 to 5 days
 - 6 to 7 days
- Turner syndrome occur due to
 - Monosomy of x chromosome
 - Trisomy of x chromosome
 - Chromosome no 13 present in triplicate
 - Chromosome no. 21 is present in triplicate
- In cow milk allergy most common presentation is with
 - Diarrhea
 - Diarrhea with blood and mucous
 - Bloody diarrhea
 - Watery diarrhea
- Flag sign seen in kwashiorkor characterized by
 - Baldness
 - Alternate band of hypopigmented and normally pigmented hair pattern
 - Alternate band of hyperpigmented and normally pigmented hair pattern
 - White hair
- Kapha dosha vitiated breast milk of datri is
 - Phakkadugdha
 - Kaphajaksheera
 - Kaphajasthanya
 - Ksheeralasaka
- Incubation period in mumps
 - 1+AC0-2 weeks
 - 1+AC0-2 days
 - 10+AC0-12days
 - 2+AC0-4 weeks
- Which type of disease is cerebral palsy
 - Nonprogressive
 - Degenerative
 - Nervous
 - Cancerous
- In the newborn having evening colic baby have to keep in position

- (A) Supine
(c) Prone
16. Goiter refers to
(A) Enlargement of pharynx
(c) Enlargement of larynx
17. Vatakundalika is a type of
(A) Mutraghat
(c) Vatavyadhi
18. Peak time of breath holding spell in children
(A) 6 months of age
(c) 2 years of age
19. Bimbi mula swarasa can be used in shaiyya mutra is said by
(A) Kalidasa
(c) Sri balakrishna
20. Who described 10 types of graha
(A) Susrutha
(c) Kashyapa
- (B) Right lateral
(D) Left lateral
- (B) Enlargement of tonsils
(D) Enlargement of thyroid gland
- (B) Mutrakricchra
(D) Granthi
- (B) 1 years of age
(D) 5 years of age
- (B) Vaidya govinda das sen
(D) Yoga ratnakar
- (B) Caraka
(D) Vagbhatta

LONG ESSAY QUESTIONS: 10 X 2 = 20

2. Name the Shodasha samskara, explain Jata karma and Nishkramana samskara in detail
3. Write in detail about Kamala, its types and Management

SHORT ESSAY QUESTIONS: 5 X 5 = 25

4. Define growth and development. Assessment of Physical growth
5. Complication of improper nabhi nal chedana
6. Describe the symptoms of various types of Stanyadusti
7. Importance of vedanadhyay of kashyap samhita
8. Write about Jalashirshaka

SHORT ANSWER QUESTIONS: 5 X 3 = 15

9. Write scope of Kaumarabhritya in present era
10. Define raksha karma and its importance
11. What are the equipment's needed for neonatal resuscitation
12. Write importance of moros reflex
13. What is difference between Duechen's and Baker's muscular dystrophy

THIRD PROFESSIONAL BAMS DEGREE EXAMINATION (RS & RS2) SEPTEMBER 2021

Time: 3 Hours Prasuti Tantra Evum Stri Roga – I Q.P. Code: 4419/4019 Max. Marks: 80

Objective Instructions

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Subjective Instructions

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MCQ 20 X 1 = 20

- Follicular phase lasts for how many days
 - 1-5th day
 - 6-13th day
 - 15-25th day
 - 26-28th day
- What does green coloured amniotic fluid suggest
 - Rh incompatibility
 - Meconium stained
 - Iud
 - None
- The fetus swallows Amniotic fluid by which week
 - 6-8th week
 - 10-12th week
 - Both 1 - 2
 - None of above
- What is the average weight gain during pregnancy
 - 5-6kg
 - 12-13kg
 - 15-16kg
 - 19-20kg
- Yoni chatalatva is seen as
 - Sadyograheeta garbha lakshana
 - Vyakta garbha lakshan
 - Asanna prasav laksahan
 - Upastita prasav lakshana
- Which gana is indicated for prevention of Garbhasrava
 - Prajastaphana
 - Vayastapana
 - Sarivadi
 - Mustadi
- Blackening of areola is the characteristic of
 - Rajaswala
 - Rutumati
 - Sadyogarbha
 - Vyaktagarbha
- The LH surge occurs
 - 12-24 hours before ovulation
 - At the time of ovulation
 - 12-24hours after ovulation
 - 2days after ovulation
- What is the Time interval for 2nd dose of TT
 - 6weeks
 - 8weeks
 - 5weeks
 - 4weeks
- Hasta niskasana is one of the methods which is indicated in
 - Apara patana
 - Prajayini
 - Kalateeta prasava
 - Akala prasava
- Spalding sign usually appears _____ duration after fetal death
 - 14 days
 - 7 days
 - 7 hours
 - 30 days
- Garbha Aspandana is the lakshana of which of the following condition
 - Antarmruta garbha
 - Upavishtika
 - Nagodara
 - Leena garbha
- Whartons jelly is formed by the degeneration of
 - Amniotic epithelium
 - Extra embryonic mesoderm
 - Ectodermal cells
 - Amniogenic cells
- Dosage of Anti-D administered after full term delivery
 - 300 micro gram
 - 50 micro gram
 - 100 microgram
 - 150 microgram
- What is the cause of iron deficiency anemia
 - Repeated pregnancies
 - Hook worm manifestation

- (c) Excessive blood loss during menstrual cycle (D) All of above
16. Physiological odema is common during which weeks of pregnancy
 (A) 20 weeks (B) 24 weeks
 (c) 14 weeks (D) 12weeks
17. Drug of choice in Cervical incompetence is
 (A) Hydroxyprogesterone acetate (B) Estrogen
 (c) Mifepristone (D) Oxytocin
18. Hrudaya bandhana mukti is the laksahna of
 (A) Prajayani (B) Asanna prasav
 (c) Upasthita prasav (D) Vilambita prasav
19. Sutika kala according to Kashyapa is
 (A) 1 1- 2 month (B) 5 months
 (c) 6 months (D) 6 12 months
20. Chikitsa explained for Garbha shosha by Charaka is intake of milk processed with
 (A) Sita (B) Kashmarya
 (c) Madhuka (D) All of the above

LONG ESSAY QUESTIONS: 10 X 2 = 20

2. Define Rutuchakra. Explain different avasthas of Rutuchakra. Write about RajaswalaParicharya
 3. Explain the steps of conduction of normal labour Add a note on Episiotomy

SHORT ESSAY QUESTIONS: 5 X 5 = 25

4. Define postpartum haemorrhage (PPH). Write types and enumerate causes
 5. Define Sootika. Write sootika kaala according to different authors.
 6. Write contraceptive advice during Puerperium and add a note on Breast feeding postures
 7. Name Garbha Vyapad . Describe Garbha shosha with special reference to Intra Uterine Growth Restriction (IUGR)
 8. Explain Rutumati lakshanaas and the importance of Rutumati charya.

SHORT ANSWER QUESTIONS: 5 X 3 = 15

9. Describe the sutures of Fetal skull
 10. What is molding? Explain head presentation during molding
 11. Describe Rutukala
 12. Narrate the functions of placenta
 13. What are Braxton's Hicks?

THIRD PROFESSIONAL BAMS DEGREE EXAMINATION (RS & RS2) SEPTEMBER 2021

Time: 3 Hours

Prasuti Tantra Evum Stri Roga – II

Q.P. Code: 4420/4020

Max. Marks: 80

Objective Instructions

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Subjective Instructions

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MCQ 20 X 1 = 20

- Which among the following is Rajakshaya lakshana
(A) Yathochita kaala adarshanam (B) Alpata
(c) Yoni vedana (D) All of above
- Pakwajambu nibha artava is seen in which condition
(A) Vataja artava dusti (B) Pittaja artava dusti
(c) Kaphaja artava dusti (D) Sannipataja artava dusti
- Common cause for Acute PID is
(A) Bacterial infection (B) Polymicrobial Infection
(c) Viral infection (D) Protozoal Infection
- Cervical erosion is also known as
(A) Cervical Cyst (B) Cervical Ectopy
(c) Cervical Polyp (D) Cervical Hypertrophy
- Number of Vataja Yonivyapad according to Sushruta are
(A) 5 (B) 6
(c) 7 (D) 10
- Kashmaryadi ghruta is indicated in
(A) Vataja Yonivyapad (B) Pittaja Yonivyapad
(c) Kaphaja Yonivyapad (D) Sannipataja Yonivyapad
- Chikitsa of Vivruta yoni is
(A) Parivartana (B) Vardhana
(c) Nirharana (D) Namana
- What is the Anupana of Pushyanuga choorna
(A) Tandulodaka (B) Madhu
(c) Both 1 & 2 (D) Peya
- "Gramyadharme Rujabhusham" is the lakshana of
(A) Pariplutayoni vyapat (B) Vatala yoni vyapat
(c) Putraghni yoni vyapat (D) Shleshmaja yonivyapat
- Trichomonas Vaginitis is compared with
(A) Vatala yonivyapat (B) Pittaja Yoni vyapat
(c) Tridoshaja Yonivyapat (D) Shleshmaja Yonivyapat
- "Antarmukhi" can be correlated to
(A) Anterior flexion of uterus (B) Retroverted Uterus
(c) Anteverted Uterus (D) Uterine Inversion
- Amount of semen used in IUI
(A) 0.3ml (B) 0.5ml
(c) 0.7ml (D) 1ml
- Types of Vandyatwa according to charaka
(A) 2 (B) 3
(c) 4 (D) 5
- Reference of " Laghu phala ghruta" is
(A) Ashtanga hrudaya (B) Ashtanga sangraha
(c) Bavaprakash (D) Sharangadhara
- Fertilizing capacity of spermatid is
(A) 12-18 hours (B) 24-48 hours

- (c) 24-72 hours (D) <72 hours
16. Luteal phase support is maintained by
 (A) GnRh (B) Progesterone
 (c) FSH (D) Estrogen
17. Surgical Management of Fibroid Uterus includes
 (A) Myomectomy (B) Hysterectomy
 (c) Embolotherapy (D) All of above
18. The Causative organism for Bacterial vaginosis
 (A) Haemophilus ducreyi (B) Neisseria gonorrhoea
 (c) Gardnerella vaginalis (D) Mycoplasma hominis
19. Galactocele is mostly seen in
 (A) At the beginning of lactation (B) Gynaecomastia
 (c) Menopause (D) Just after Weaning
20. Peau d orange is the clinical feature of which condition
 (A) Breast Carcinoma (B) Carcinoma Cervix
 (c) Carcinoma Uterus (D) All of above

LONG ESSAY QUESTIONS: 10 X 2 = 20

2. Write Nidana, Lakshana and Chikitsa of Anartava. Discuss types of Amenorrhea.
 3. Define Stree vandhyatwa. Write hetu, bheda, nidana (diagnosis) and chikitsa

SHORT ESSAY QUESTIONS: 5 X 5 = 25

4. Define cervical erosion. Write the aetiology, clinical features and management of cervical erosion.
 5. Describe Shandhi yoni vyapad. Describe its clinical significance.
 6. Explain Yoni vyapad samanya chikitsa.
 7. Describe Pichu Dharana or Application with examples.
 8. Write a note on PNDT act

SHORT ANSWER QUESTIONS: 5 X 3 = 15

9. What is Asherman's syndrome ?
 10. Write the degrees of uterine prolapse.
 11. Define Mahayoni yonivyapat.
 12. Write the indications of Pap Smear.
 13. Mention the types of ICUD.

- (c) 100000 (D) 500
16. ASHA is posted at the
 (A) Medical centre (B) Community health centre
 (c) Primary health centre (D) Sub centre
17. Pravaram jeevaneeyanaam _____ proktam rasayanam
 (A) Ashwagandha (B) Ksheeram
 (c) Fish (D) Takra
18. A protein is said to be biologically complete
 (A) if it contains Omega 3 fatty acids (B) When it contains phosphorus
 (c) If it contains all the essential amino acids (D) When amino acids are present in larger proportions
19. Swastha chatushka consist of
 (A) Naco (B) Ch.su.5-8
 (c) Ch.su.13-16 (D) Ch.su.21-23
20. Sheeta aatapa vyayama samsaha is a feature of _____
 (A) Swastha (B) Aswastha
 (c) Sthoulyta (D) Kaarshya

LONG ESSAY QUESTIONS: 10 X 2 = 20

2. Define positive health, concept of wellbeing, standard of living & quality of life & types of prevention
 3. Enumerate waste disposal methods and detail about Bio-Medical waste management.

SHORT ESSAY QUESTIONS: 5 X 5 = 25

4. Mention the component of disease transmission and define the source and reservoir of infection.
 5. Mention different epidemiological types of malaria in India and treatment & prevention of malaria.
 6. What is Balanced diet? Explain concept of Balanced diet for the maintenance of Health in brief.
 7. Write the objectives of Ayurveda & Explain Swastha Lakshana according to Sushruta.
 8. Write the difference between Vyayama & Yoga.

SHORT ANSWER QUESTIONS: 5 X 3 = 15

9. Explain about formite borne transmission by unclean hands and fingers
 10. Define immunity and mention its types
 11. Define Pathya What are Nityasevaniya Ahara
 12. Define Health according to WHO Explain spiritual health in brief
 13. Explain Yamadamshtra kala and is impact on the body

THIRD PROFESSIONAL BAMS DEGREE EXAMINATION (RS & RS2) SEPTEMBER 2021

Time: 3 Hours

Swasthavritta - I Q.P. Code: 4417/4017

Max. Marks: 80

Objective Instructions

- Each question is followed by four options.
- Pick up single best option and darken appropriate circle in OMR Sheet
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Subjective Instructions

- Answers should be specific to the Questions asked.
- Draw neat, labeled diagrams wherever necessary.

M.C.Q. 20 X 1 = 20

- Bramhi muhurta as per Vagbhata is
 - 14 Kalas before Suryodaya
 - 14 kalas after Suryodaya
 - 16 Kalas before Suryodaya
 - 16 kalas after Suryodaya
- Pick up the Hridhya from following
 - Peya
 - Saktu
 - Manda
 - Vilepi
- One of the following food is said to have rich source of Protein content in it
 - Soya
 - Kodo millet
 - Rice
 - Raagi
- The term Retinol is used for ?
 - Vit-A
 - Vit-E
 - Vit-D
 - Vit-C
- Secondary attack rate is minimum in
 - Tb
 - Diphtheria
 - Measels
 - Whooping cough
- Vyayam can be performed more in
 - Greeshma
 - Vasantha
 - Varsha
 - Sharath
- Antigenic shift is seen in
 - Plague
 - Influenza
 - Rabies HIV
 - Measles
- Incidence of TB in a community is measured by
 - Sputum smear positivity
 - Positive tuberculin test
 - Sputum culture
 - Mantoux test positive
- Incubation period of typhoid is
 - 1-2 days
 - 10-14 days
 - 1 month
 - 48 hours
- The following Anjana should be used daily
 - Neelanjana
 - Saouviranjana
 - Sroto-anjana
 - Rasanjana
- Malaria is transmitted by
 - Female anopheles
 - Male anopheles
 - Culex
 - Aedes
- Trivida Bala as per Charaka are
 - Sahaja, Rogaja & Kalaja
 - Sahaja, Yukthikruthja & Vataj
 - Sahaja, yogaja, Kaphaja
 - Sahaja, Yukthikruthja & Kalaja
- Kala Azar is transmitted by
 - Phlebotomous sergenti
 - Phlebotomous argentipes
 - Phlebotomous papatassi
 - All
- Which among the following is not a nosochomial infection
 - Chakrapani
 - Uti
 - Hiv
 - Renal calculi
- One PHC is located for a population of
 - 1000
 - 30000

THIRD PROFESSIONAL BAMS DEGREE EXAMINATION (RS & RS2) SEPTEMBER 2021

Time: 3 Hours

Swasthavritta- II Q.P. Code: 4418/4018

Max. Marks: 80

Objective Instructions

- Each question is followed by four options.
- Pick up single best option and dark inappropriate circle in OMR Sheet
- Each question carries one mark. No negative marking

Subjective Instructions

- Answers should be specific to the Questions asked.
- Draw neat, labeled diagrams wherever necessary.

M.C.Q. 20 X 1 = 20

1. Sources of collection of medical statistics are
 (A) Experiments (B) Surveys
 (c) Records (D) All the above
2. Qualitative data is also known as
 (A) Continuous (B) Variable
 (c) Discrete (D) None of the above
3. Statistical data is divided into
 (A) Qualitative (B) Quantitative
 (c) Experimental (D) Both a) & b)
4. All are true about Janani Shishu Suraksha Karyakram (JSSK), EXCEPT
 (A) Free diet to mother during hospital stay (B) Free delivery
 (c) Free transport from home to hospital and back (D) Free treatment of sick infants up to 1 year
5. NLEP is for
 (A) Leprosy (B) Leishmania (kala-azar)
 (c) Lou gherig disease (D) Liver diseases
6. NRHM launched in _____
 (A) 2001 (B) 2003
 (c) 2005 (D) 2007
7. ASHA is located at _____
 (A) Subcentre (B) Phc
 (c) Chc (D) Village
8. Screening test commonly used for HIV is _____
 (A) Western blot (B) Absolute CD4 count
 (c) Elisa (D) Viral load assay
9. Yogastu _____ nirodha||
 (A) Chittavrutti (B) Chittavikshepa
 (c) Moksha (D) Dukha
10. Nidraa is one of the
 (A) Chittavrutti (B) Pranayama
 (c) Shatkarma (D) Klesha
11. Dharana, Dhyana & Samadhi represents
 (A) Bahiranga yoga (B) Antaranga yoga
 (c) Anubhootha yoga (D) Paryaya yoga
12. Who compiled 'Yoga Sutra'
 (A) Charaka (B) Sushruta
 (c) Vagbhata (D) Patanjali
13. Local dais get _____ stipend during their training.
 (A) 300/month (B) Rs. 500/month
 (c) Rs. 1000/month (D) Rs. 200/month
14. ICDS stands for _____
 (A) International child development services (B) Integrated child development services
 (c) Integrated child developmental scheme (D) International child developmental scheme
15. What you mean by VHGS

- (A) Village health guide scheme
(B) Village health guide scheme
(c) Village health guide service
(D) Village health guidance scheme
16. In APGAR score all signs are present **EXCEPT**
(A) Over birth weight
(B) Normal birth weight
(c) High Birth weight
(D) L.b.w
17. Kangaroo mother care is for
(A) Mother health care
(B) Reduce infant mortality rate
(c) Education to mother
(D) Child health care
18. The care of aged is called as
(A) National center for older patients
(B) National council for older persons
(c) National center for occupational persons
(D) National center for optimum persons
19. World health day celebrated on _____
(A) Environmental health
(B) Child health
(c) Child nutrition
(D) Gobi
20. In ILO "I" stand for _____
(A) International
(B) Indian
(c) Industry
(D) Italian

LONG ESSAY QUESTIONS: 10 X 2 = 20

2. Write in detail about objectives and functions of RNTCP
3. Explain Kapalabhati and Ujjayi in detail.

SHORT ESSAY QUESTIONS: 5 X 5 = 25

4. Explain objectives and execution of National immunization schedule
5. Name the national control programmes and what are the strategies of VISION 2020: The right to sight.
6. Elaborate ASHA and Describe Responsibilities of ASHA for home based new-born care.
7. Explain technique, benefits of Bhujangasana with a neat diagram. National
8. Describe positive and negative food.

SHORT ANSWER QUESTIONS: 5 X 3 = 15

9. Write about mission Indradhanush
10. Write Pathya-apathya during practice of Pranayama
11. Define Dhyana and write its two benefits
12. Write the principles of PHC.
13. Define Sunbath? Detail with its benefits.