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This is to certify that the dissertation entitled "**COMPARATIVE EVALUATION OF THE EFFECT OF DIFFERENT FINAL IRRIGATION REGIMENS 1:1 MIXTURE OF 3% NAOCL+18% HEDP AND 17% EDTA ON THE DENTINAL TUBULE PENETRATION OF TWO DIFFERENT ROOT CANAL SEALERS: A CONFOCAL LASER SCANNING MICROSCOPIC STUDY**" is a bonafide research work done by **REG. NO. IE0221002**

  
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## LIST OF ABBREVIATIONS

SR.NO	ABBREVIATIONS	FULL FORM
1	EDTA	Ethylene diamine tetra acetic acid
2	HEDP	1-hydroxyethylidene 1,1-diphosphate
3	CLSM	Confocal Laser scanning microscope
4	ANOVA	Analysis of variance
5	$\mu\text{m}$	Micrometre
6	SD	Standard Deviation
7	et al	Additional persons involved in the same study
8	NaOCl	Sodium Hypochlorite
9	mL	Milliliter
10	$^{\circ}\text{C}$	Degrees Celsius
11	mm	Millimeter
12	hrs	Hours
13	min	Minutes
14	n	Number of specimens
15	p-value	Probability value
16	i.e.	That is

<b>17</b>	<b>nm</b>	Nanometer
<b>18</b>	<b>&lt;</b>	Less than
<b>19</b>	<b>&gt;</b>	Greater than
<b>20</b>	<b>SE</b>	Standard error
<b>21</b>	<b>PM</b>	Premolar
<b>22</b>	<b>PUI</b>	Passive ultrasonic irrigation
<b>23</b>	<b>WL</b>	Working Length
<b>24</b>	<b>SC</b>	Single Cone
<b>25</b>	<b>NS</b>	Not significant
<b>26</b>	<b>DW</b>	Distilled Water
<b>27</b>	<b>PP</b>	Paper Point
<b>28</b>	<b>GP</b>	Gutta Percha

## ABSTRACT

**Aim-** To evaluate the effect of 17% EDTA and 1:1 mixture of 3% NaOCl+18% HEDP as final irrigating solution on the maximum depth of penetration of an epoxy resin-based sealer (AH Plus) and BIOACTIVE GLASS sealer into the dentinal tubules at the apical areas of root canals using Confocal Laser Microscopic Study.

**Methodology:** Eighty extracted human mandibular premolar teeth with single root and single canal were selected. They were disinfected in 0.1% thymol solution, cleaned of calculus and soft tissues and stored in 0.1% thymol solution till use. All teeth were radiographed and selected as per the inclusion and exclusion criteria. The teeth were decoronated using a diamond disk under copious water spray to acquire a standardized root length of 14 mm. Working length was established by inserting a size 10 K file into each root canal until it is visible at the apical foramen and by subtracting 1mm from the recorded length. Instrumentation of the root canal was done till master apical file size of F2/F3 using ProTaper universal, rotary instruments. The canals were irrigate with 2 mL of 3% sodium hypochlorite between successive files. Teeth were randomly divided in 4 subgroups n= 20 according to the intervention. Passive ultrasonic irrigation was used to activate the irrigants. Final irrigation was performed with distilled water. The teeth were obturated using AH plus sealer and Bioactive glass sealer coated with rhodamine dye. Depth of sealer penetration into dentinal tubules was assessed using Confocal Laser Scanning Microscope

**Results** – Highly significant difference was seen between the groups with EDTA and HEDP, with EDTA + AH plus group demonstrating the highest penetration. The least penetration was seen with HEDP + BIOACTIVE sealer group

**Conclusion-** Type of irrigating solution and flowability of sealer significantly influence the penetration of sealer into root dentinal tubules. When penetration of sealer with different irrigants were evaluated significant greater level of sealer penetration were attained with EDTA and HEDP respectively.

**Keywords:** HEDP, EDTA, AH plus, Dentinal tubule penetration, Rhodamine dye, Confocal Laser Scanning Microscope.

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## **INTRODUCTION**

The long-term success of root canal therapy relies remarkably upon termination of microorganism by-products<sup>1</sup>. This is accomplished through chemo-mechanical disinfection and the appropriate use of antimicrobial sealers in the root canal ecosystem which involves the use of mechanical instruments and antimicrobial reagents to sculpt the canal's ecosystem<sup>2,3</sup>.

Smear layer removal plays a crucial role for optimal root canal filling retention. Sealer penetration into dentin tubules post-removal of said layer indicates successful smear layer elimination<sup>4</sup>. This enhances antibacterial efficacy of reagents entering the canal<sup>5</sup>. Auxiliary chelating solutions aid in smear layer removal during final root canal irrigation with NaOCl as a dominant irrigant.

Various chelating solutions for aid of smear layer removal including organic acids like citric acid and inorganic acids such as ethylenediamine tetraacetic acid (EDTA) are incorporated<sup>6</sup>

However, studies indicate that EDTA has shortcomings in the apical third of the root canal in terms of dentinal surface loss due to its strong demineralizing effect<sup>7</sup>. Prolonged EDTA contact leads to dentinal tubule enlargement, dentin softening, and collagen fibre denaturation, prompting researchers to seek alternatives to EDTA due to its erosive and toxic effects on dentinal and periapical tissues<sup>8,9</sup>.

To overcome this hurdle, a novel endodontic chelating irrigant called 1-hydroxyethylidene 1,1-diphosphonate (HEDP) is devised. HEDP has comparable potential in devouring smear layer without contradicting NaOCl<sup>10</sup>.

The novel transient HEDP competence with sodium hypochlorite (NaOCl) allows for the combined use of NaOCl/HEDP irrigation root canal therapy. Importantly, HEDP doesn't contradict NaOCl's capability of proteolysis. Continuous chelation, secured notable traction in endodontics in recent years<sup>11,12</sup>.

Ultrasonic energy has been utilized in endodontics for a significant period to clean the root canal and aid in disinfection. (PUI) involves activating the irrigant solution through acoustic micro streaming generated by an oscillating file or smooth wire<sup>13</sup>. (PUI) in synergism with acoustic micro streaming operates by to and fro vigorous motion files or smooth wires at 30kHz frequency<sup>14</sup>. The resulting rapid vortex-like motion of the liquid and cavitation, lead to the formation of spontaneous cavities throughout the liquid, enhancing the penetration of irrigants in canal wall ecosystem.

The triumph of root canal treatment compiles three stages: shaping and cleaning, disinfection, and 3D hermetic seal. To achieve proper obturation, it is crucial to eliminate any space amongst canal wall and the core material. Root canal sealers play a critical role in this process<sup>15</sup>.

Resin sealers showcased better results compared to zinc oxide-based sealers<sup>16</sup>. Epoxy resin based sealers in conjunction with AH Plus, are known for their desirable properties such as greater dimensional stability, low solubility rates, high radio-opacity, and optimal adhesiveness to the root dentin<sup>17,18,19</sup>.

There are three basic types of bioceramics available: bioinert, bioactive, and bioresorbable ceramics. Bioactive glass, a type of bioceramic-based sealer, novel biomaterial for root canal core in endodontics. It is a second generation bioceramic sealer and offers various bioactivities, including biocompatibility and the ability to expedite the regeneration of periapical tissues. This sealer contains a specific composition of  $\text{Na}_2\text{O-CaO-SiO}_2\text{-P}_2\text{O}_5$  glass. The bioceramic sealer's performance is elucidated by small particle size, hydrophilicity, and low contact angle with spread across the root canal's dentin. This creates a gap-free chemical contact between the sealer and the dentinal walls, making it constructive, sealer wise<sup>20</sup>.

The depth of sealer penetration relies on both physical and chemical properties of the sealers, making it essential to compare their penetrability for informed material selection<sup>17</sup>. Currently, no study has compared the tubular ecosystem penetration of bioactive sealer in

conjunction epoxy resin-based sealer, AH Plus, using (17% EDTA and equal proportion of 18 percentage HEDP with Hypochlorite) as final irrigating solutions.

Thus, the study aims to assess the impact of 17% EDTA and equal proportion of 18 percentage HEDP as final irrigating solutions on optimum sealer discernment of AH Plus and bioactive glass sealer in tubule at the culminating (apical) regions using CLSM.

## **AIMS AND OBJECTIVES**

### **AIM OF STUDY**

To evaluate and compare the effect of 17% EDTA and 1:1 mixture of 3% NaOCL+18% HEDP as a final irrigating solution on sealer discernment of two root canal sealers: Confocal Laser Scanning Microscopic Study

### **OBJECTIVES**

- To evaluate the dentinal tubule discernment of an epoxy resin-based sealer after using different final irrigating solutions (17% EDTA and 1:1 mixture of 3% NaOCl+18% HEDP)
- To evaluate the dentinal tubule penetration of a bioactive glass sealer after using different final irrigating solutions (17% EDTA and equal proportion of 18 percentage HEDP with three percentage Hypochlorite)
- To compare the dentinal discernment of an epoxy resin-based sealer with bioactive glass sealer after using different final irrigating solutions (17% EDTA and 1:1 mixture of 3% NaOCl+18% HDP)

## **HYPOTHESIS**

### **NULL HYPOTHESIS:-**

There will be no disparity in the effect of 17% EDTA and equal proportion of 18 percentage HEDP with 3 percentage Hypochlorite as final irrigating solution on depth of sealer penetration of epoxy resin based sealer and bioactive glass sealer.

### **ALTERNATE HYPOTHESIS:-**

There will be difference in the effect of 17% EDTA and equal proportion of 18 percentage HEDP with 3 percentage Hypochlorite as final irrigating solution on depth of sealer discernment of epoxy resin based sealer and bioactive glass sealer.

## REVIEW OF LITERATURE

1. A study by Ayat H. Adham comparing continuous chelation (CC) with sequential chelation (SC) protocols using different irrigants found comparable effectiveness in smear layer eradication across overall thirds of the canal wall. However, CC bespeak horrendous (POBS) of Bio-C sealer compared to SC. SEM analysis showed clean dentin in coronal and middle thirds but smeared dentin in the apical third. HEDP showcased superior smear layer termination in the apical third. POBS was highest with NaOCl\HEDP irrigation, while NaOCl alone showed the least effectiveness. EDTA had lower POBS than HEDP, possibly due to its effect on sealer setting reaction. Modes of failure were predominantly mixed. However, the study's in vitro nature limits generalization to clinical settings, and dynamic load simulations are needed for a more realistic assessment<sup>21</sup>
2. In accordance to Germain Sfeir et al targeted the impact of irrigation protocols on the anchoring of Total Fill Sealer® (CSBS) when measured with AH Plus Jet®. EDTA/Total Fill Sealer® and NaOCl/Total Fill Sealer® demonstrated superior POBS compared to HEDP/Total Fill Sealer®. POBS being superior in the apex than in the upper third, with superior SD The study emphasized the importance of POBS in assessing endodontic sealer. Different irrigation protocols influenced POBS, with EDTA activation resulting in comparable POBS for both sealers, while HEDP activation showed the best results for AH Plus Jet®<sup>22</sup>.
3. A study by Aishwarya Sanjay Awati et al stated that NaOCl and EDTA are commonly used irrigants, but newer methods like MTAD offer enhanced smear layer removal. Chelating agents like HEDP, mixed with NaOCl, provide effective smear layer removal without compromising NaOCl's properties. Activation techniques such as passive ultrasonic irrigation (PUI) enhance sealer penetration, with HEDP activated by PUI showing the deepest penetration. In contrast, diode laser activation showed the least penetration, possibly due to low power. HEDP outperformed EDTA in terms of sealer

penetration, suggesting its potential as an alternative. Further in vivo studies are needed to validate these findings and explore different concentrations and activation techniques for HEDP<sup>23</sup>

4. A study by Ayat H. Adham concluded that Continuous chelation involves using a mix of HEDP and NaOCl throughout root canal preparation, maintaining NaOCl's antimicrobial activity. HEDP, a biocompatible chelator, forms an all-in-one solution with NaOCl, simplifying irrigation and enhancing debris removal. Electronic searches found relevant papers from 2005 to 2022, favoring English-language articles. This approach offers a single solution for cleansing and decontamination, saving time and enhancing root canal wall conditioning. Continuous chelation facilitates the clinical procedure and improves debris removal, benefiting endodontic treatments. The combination of HEDP with NaOCl offers a promising alternative to sequential irrigation with NaOCl followed by EDTA. Sodium hypochlorite/Dual Rinse HEDP may serve as a viable substitute for NaOCl + EDTA due to its superior antibacterial effect<sup>24</sup>.
5. A study by Shalan Kaul et al stated that fate of canal sealing is to cease microorganism ingress, with TotalFill BC sealer showing the least leakage due to its small particle size and hydrophilicity. GuttaFlow synergize sealer and gutta-percha, containing nanosilver for antimicrobial properties. AH Plus, an epoxy-based sealer, exhibited higher leakage, possibly due to inadequate bonding with gutta-percha. Dye penetration studies revealed BC sealer had the best sealing ability, followed by GuttaFlow and AH Plus. However, all sealers showed some level of leakage, indicating incomplete apical sealing. Further in vivo studies are needed to confirm these findings and assess their clinical efficacy in preventing bacterial ingress into root canals <sup>25</sup>.
6. In accordance to Nina Novozhilova et al the impact of EDTA plus HEDP on sodium hypochlorite (SH) activity against *C. albicans* and *E. faecalis*. HEDP formulations, except those with 15% and 18% ID, showed no significant decrease in SH activity against *C. albicans*. The effect on *E. faecalis* was minimal, with SH + ID15% and SH + ID18% showing no effect. Different studies have varied results on HEDP's effect, with some

suggesting superior activity against *E. faecalis* compared to EDTA. pH changes influenced antibacterial activity, with solutions of higher pH showing greater effectiveness. HEDP formulations, particularly SH + DR9%, demonstrated significant effectiveness against both microorganisms, with outcomes varying by concentration and manufacturer. However, these findings are limited to in vitro conditions and further research is needed to assess clinical applicability <sup>26</sup>.

7. Takashi Komabayashi et al stated that sealers for root canal treatment (NSRCT) have many combinations and effects. The article categorises types of endodontic sealers used today, by their setting reaction type, contents, and effects on canal: ZOE, methacrylate resin sealers based, GIC based, silicone based, epoxy resin based, tricalcium silicate based. Time taken to set, solubility, ability to seal, antimicrobial, and cell toxicity are aspects that define a good sealer. The microleakage of all the sealers in the article was measured by way of a meta-analysis. AH Plus kept as a control, tricalcium silicate show least microleakage. Tricalcium silicate sealers also showed most favorable antimicrobial effect and best biocompatibility. Future sealers must add a hermetic seal with other effects <sup>27</sup>.
8. A study by Talita Tartari investigated the superiority of contrasting irrigation protocols on the long-term bond strength (BS) of AH Plus sealer. Various irrigation solutions were tested, affecting dentin surface characteristics and subsequently BS. Groups using NaOCl + EDTA and NaOCl + HEDP showed the highest initial BS values, while NaOCl alone yielded the lowest.. These results were attributed to differences in dentin surface preparation and interaction with the sealer. Overall, protocols promoting clean surfaces with high roughness and wettability achieved the best long-term BS results, emphasizing the importance of understanding adhesive interfaces in endodontic treatment <sup>28</sup>.
9. The study by Lamiaa A. Ibrahim explored irrigation protocols' impact on root canal sealers' adaptation. A 3% NaOCl concentration was used to balance antimicrobial efficacy with tissue toxicity. Dual Rinse HEDP with NaOCl maintained NaOCl's activities while preventing adverse reactions. Sealer adaptation and adhesion were

affected by smear layer removal and tubule penetration. EndoSeal MTA sealers exhibited uniform adaptation regardless of irrigation, owing to self-adhesiveness and hydroxyapatite formation. Adseal sealer showed fewer marginal gaps with NaOCl \ Dual Rinse HEDP irrigation. The study contradicted findings on epoxy resin vs. bioceramic sealers' similarity, attributing it to different study parameters. Conclusion: Endoseal MTA provided superior adaptation, while Adseal benefited from NaOCl \ Dual Rinse HEDP irrigation for optimal adaptation <sup>29</sup>.

10. The study by Raffaella Castagnola evaluated Triton, a new endodontic irrigating solution, compared to Dual Rinse HEDP in synergism with NaOCl/EDTA. Triton showed superior efficacy in debris removal across root canal thirds and equivalent efficacy to NaOCl/EDTA in smear layer removal. It also exhibited the highest antimicrobial efficacy averse to *C. albicans*, followed by Dual Rinse HEDP and NaOCl/EDTA. All solutions effectively reduced *E. faecalis*. While Triton's continuous chelation approach proved promising for antimicrobial activity and debris removal, further studies are warranted to explore its performance under different conditions. Limitations include in vitro design and mono-species biofilm testing. Nonetheless, Triton offers a potential alternative to current irrigation protocols for enhanced antimicrobial and debris removal effectiveness <sup>30</sup>.
11. The study by Poornika Gandhi et al gauged resin sealer wettability and BioRoot RCS sealers with different irrigating solutions. Maleic acid (MA) demonstrated superior wettability compared to other solutions, attributed to its strong chelating action and acidic nature. SmearOFF, a combination of EDTA, chlorhexidine, and surfactants, showed good wettability due to its surfactant content. EDTA exhibited poorer wettability than MA but better than Dual Rinse® HEDP and distilled water, attributed to its high pH and limited chelating effectiveness. Dual Rinse® HEDP showed the lowest wettability results due to its weak chelating properties, although it improved wettability compared to distilled water for AH Plus sealer. Controlled volume and standardized environmental conditions were maintained for accurate measurements. Overall, MA as a final irrigant

demonstrated the best wettability for both AH Plus and BioRoot RCS sealers in this study.

12. The study by Aastha Dureja et al evaluated the wettability of CeraSeal and AH Plus sealers with different chelating agents. Contact angle measurements were used to assess wettability, with smaller angles indicating better adhesion. Controlled sealer volumes and standard environmental conditions were maintained for accurate measurements. Surface roughness was standardized using silicon carbide paper. CeraSeal exhibited optimal wettability with 9% HEDP due to its minimal dentin damage and increased surface energy. AH Plus showed best wettability with 7% MA, attributed to its strong demineralization effect and increased surface roughness. AH Plus demonstrated superior wettability compared to CeraSeal, possibly due to its longer setting time and higher creep capacity. Clinical variations may affect contact angle values, necessitating further clinical studies for validation. Overall, 9% HEDP and 7% MA were identified as the most favorable final irrigants for CeraSeal and AH Plus sealers, respectively <sup>32</sup>.
13. In accordance to study Twin Kleen and NaOCl + EDTA irrigation protocols, finding greater sealer discernment depth with Twin Kleen, AH Plus along with Perma Evolution sealers showed deep discernment in dentin channels, attributed to favorable properties, physically. Being highest at highest 1/3rd of canals, enhanced smear layer removal and greater tubular density. Perma Evolution displayed superior sealer discernment in medial and distal end, possibly due to its unique microcapsule technology and hydrophilic composition. Group 2 exhibited superior discernment depth compared to Group 1 throughout the canal. Overall, Twin Kleen demonstrated superior sealer discernment compared to NaOCl + EDTA, while AH Plus and Perma Evolution were at par in the upper third but 2<sup>nd</sup> sealer had deeper extension in the lower two thirds <sup>33</sup>
14. The study by Dr. Talita Tartari et al investigated the effects of various agents attacking inorganic content and mixtures of reagents on dentine content, rejecting the null hypotheses. Different agents altered dentine composition at varying rates, with HEDP and EDTANA4 causing minor demineralization, while EDTAH Na3 and PAA resulted

in significant demineralization, depending on concentration and immersion time. NaOCl degraded collagen more rapidly when exposed, and different reagent mixtures produced dentin with various exposed chemical groups matching various adhesion types with dental sealers. Treatment with Hypo and agents acting on inorganic content can manipulate dentine surface for adhesion with sealers, influencing sealing ability and microbial adhesion. Further research should analyze the impact of dentine <sup>34</sup>

15. A study by S. Deari et al, investigated the influence of pH and sodium content upon fruitfulness of EDTA and HEDP, removing smear layer from dentine. A combination of atomic absorption spectroscopy (AAS) and optical measurements was used for robust analysis. While EDTA proved to be a stronger chelator than HEDP, higher pH solutions, caused by tetrasodium salts, reduced their decalcifying effects. Despite efforts to standardize dentine samples, variance remained high due to dentine heterogeneity. 3D laser scanning microscopy was employed for sample analysis, providing advantages over SEM. The study highlights the importance of pH and salt composition in chelating effectiveness. Future investigations might prioritize AAS analysis for comparative assessments of such agents. Overall, EDTA exhibited superior calcium chelation and smear layer removal compared to HEDP <sup>35</sup>.

16. A study by Nidambur Vasudev Ballal et al stated that tricalcium silicate-based sealers, widely used in radicular ecosystem treatment, pose challenges for complete removal due to their bonding and interaction with dental tissues. Activated irrigation methods, like Er:YAG laser and ultrasonics, were employed to enhance removal efficacy, but none achieved complete removal. Factors affecting removal included activation method, irrigation solution, and sealer type. Er:YAG laser activation resulted in higher amounts of residual sealer compared to ultrasonics, possibly due to differing mechanisms. Maleic acid and Dual Rinse HEDP, galvanised utilising ultrasonics, showed better sealer removal, consistent with their reported higher smear layer removal capacities. However, direct comparison is limited due to lack of knowledge on their effect specifically on

tricalcium silicate-based sealers. Further research, possibly utilizing advanced imaging techniques like micro-CT, is warranted to gauge the effectiveness while eradicating these sealers from root canals <sup>36</sup>.

17. A study by Betül Ayca Alim Uysal et al stated that various microscopy techniques, including SEM, TEM, stereomicroscopy, and CLSM, have been utilized to study the sealer-dentin interface. The Cytation 5 reader, combined with Gen5 software, offers advantages in rapid imaging and data analysis, though it's not been previously used in dentistry for sealer penetration studies. EDTA, commonly used as a chelation solution, has limitations in removing the entire smear layer, leading to exploration of alternative irrigation solutions. MA, less abrasive to dentine, and HEBP, compatible with NaOCl, have been investigated. While previous studies found differences in sealer penetration depths, our study revealed no significant disparities among sealer types. However, EndoSequence BC Sealer exhibited greater penetration depth overall. Penetration depths were higher in coronal thirds due to thinner and less sclerosed dentin compared to apical thirds. Future research should consider anatomical complexities and alternative obturation techniques for comprehensive evaluation. EndoSequence BC Sealer displayed superior penetration, and MA positively influenced sealer penetration compared to EDTA and HEBP groups in the apical third <sup>37</sup>.
18. The study by Merve Akcay et al aimed to evaluate dentinal tubule penetration of four sealers after three final irrigation techniques: CUI, PIPS, and PUI, using a confocal laser scanning microscope. iRoot SP showed significantly greater penetration than AH Plus, MTA Fillapex, and Gutta Flow Bioseal, attributed to its small particle size and high viscosity. PIPS and PUI techniques achieved higher penetration than CUI, likely due to acoustic energy and fluid motion. Er:YAG laser activation with PIPS or PUI showed significant improvement in penetration compared to the control group. i Root SP, in conjunction with PIPS or PUI, demonstrated advantageous dentinal tubule penetration. The study recommends further research to validate these results. The ImageJ program

was utilized for measurement, overcoming limitations of single/multiple measurements.<sup>38</sup>

19. A study by Pattath Kunjan Anju et al stated that root canal irrigation with chelating agents can alter dentin properties, influencing the bond strength of root canal fillings. In accordance, 7% MA and 17% EDTA showed higher Push-Out Bond Strength (POBS) values, rejecting the null hypothesis. The superior POBS of 7% MA is attributed to its acidic nature, enhancing demineralization and surface roughness for better adhesion. EDTA's alkaline pH led to increased surface roughness and improved wettability, resulting in higher POBS compared to HEDP. HEDP exhibited weaker chelating action and lower POBS. NeoMTA Plus showed increased POBS when used with chelating agents due to closer contact between cement and dentin. POBS values decreased from coronal to apical thirds, with cohesive failure patterns indicating strong material bonding to dentin. Future studies are needed to compare NeoMTA Plus with other sealers, considering AH Plus as a gold standard. Overall, EDTA, MA, and HEDP improved NeoMTA Plus POBS, with MA and EDTA showing the highest values<sup>39</sup>
20. The in vitro study by Reham Hassan et al assessed anchorage of Total Fill Hi Flo sealer with Dual Rins chelation and warm obturation under CLSM. Sealer penetration showed significantly higher in upper two thirds when compared to the lowest third due to dentinal tubule density differences. Continuous chelation with Hypo/Dual Rins HEDP had most sealer discernment in upper two thirds. EDTA inhibited tricalcium silicate cement hydration, leading to higher sealer extension in the apical third with NaOCl and EDTA combined irrigation. The study highlights the importance of irrigation strategy in promoting sealer penetration, potentially impacting treatment success. Limitations include the laboratory setting and variation in samples. More studies on various activation techniques is warranted for greater cleansing and sealer extension<sup>40</sup>.
21. A study by Pooja Gandhe said that hypo and HEDP in combination effectively decreased smear layer accumulation during canal instrumentation, comparable to hypo and EDTA. HEDP does not hinder hypo's dissolution ability and. Group A (HEDP&NaOCl) showed

much greater anchorage than control and Hypo + CHX groups, due to HEDP's effect on CSCs hydration properties. Less HEDP conc. (9%) are as effective as greater conc. (18%) in removing smear layer. Group C (Chlorhexidine + Hypo) shows poor anchorage when measured with hypo and HEDP, in accordance to findings on CHX's impact on CSCs. Biodentine as control showed reduced anchorage due to presence of water during setting. Cohesive bond failure dominated, showing Biodentine strong anchorage to root canal. Exposure to hypo increases Biodentine sealing potential by increasing CH particle size and releasing calcium. Clinical decisions should take patient factors to maximize long prognosis. Overall, combining 2.5% hypo/9% HEDP enhances Biodentine anchorage to root canal dentin compared to other irrigation protocols <sup>41</sup>.

22. A study by Shaimaa et. Al. on mandibular premolars prepared with ProTaper Next were irrigated with hypo, hypo/Dual Rinse, or hypo/EDTA, then filled with BC sealer using a single-cone obturation. CLSM showed great differences in anchorage area among groups ( $P < 0.05$ ), with Hypo/Dual Rinse having greatest amount of sealer covering the canal and highest penetration. Hypo/Dual Rinse demonstrated better sealer extension into tubules compared to Hypo/EDTA, while hypo alone showed the least extension <sup>42</sup>
23. A report by Kothandaraman Sathyanarayanan stated that good management of external root resorption must cover the trauma, the type of infection, and the body's inflammatory pathology. RCTs using HEDP with Hypo and etidronate, succeeded by CH dressing and MTA filling till CEJ, is usually advocated. XP endo shaper reduces forces on dentin walls during BMP. MTA's alkaline pH helps  $Ca^{2+}$  ion release and tissue generation. Combined treatment advances complete stoppage of resorption and ensures good prognosis with regular follow-up <sup>43</sup>.
24. A study by Inderpal S. Sappal et. al. compared the efficacy of acetic acid (AA), chloroform, and  $H_3PO_4$  in removing BC Sealer during RCT. AA allowed quicker and more reproducible calculation of working length (WL) and patency when measured to chloroform or  $H_3PO_4$ , without affecting dentin. Although chloroform permitted filing to original WL in all cases, AA surpassed its efficiency.  $H_3PO_4$  did not show better result

over AA or chloroform. Limitations of the study were assessment of only accessible areas. Research should study AA's efficacy in total BC Sealer removal and its effect on root dentin. Overall, 5 percent AA shows promise for good Re RCT but needs further investigation <sup>44</sup>.

25. A study by Özgür İlke Ulusoy et. al. studied the result of chelating agents on CSCs used in RCTs. Control had minimal effect while other reagents compromised cement anchorage. Dual R HEDP showed weak chelating and maintained anchorage without altering dentin. Ortho MTA or Pro-Root MTA with Dual R HEDP for smear layer removal is advocated. But mixing HEDP and hypo had a mild effect on anchorage when levelled with EDTA. Clinical replications are required to confirm these findings. Using weak chelators like Dual R HEDP during procedures may avoid failures in cement disnaturing from canal dentin. More research in vivo is needed to study long-term cement stability

45.

## **MATERIALS AND METHODOLOGY**

### **STUDY DESIGN:-**

In Vitro Study

### **DATA SOURCE/LABORATORY DETAILS:-**

Study was performed in the Department of Conservative Dentistry and Endodontics, VKIDS Belagavi with laboratory apparatus performed in Dr. Prabhakar Kore's Basic Science Research Laboratory, KLE University, Belagavi.

Specimens were assessed by Confocal Laser Scanning Microscope at BITS PILANI, GOA Campus

Extracted human mandibular premolar teeth, indicated for orthodontic extraction were collected from Department of Oral and Maxillofacial Surgery, KLE Academy of Higher Education & Research, KLE VK Institute of Dental Sciences, Belagavi

### INCLUSION CRITERIA

- Extracted human mandibular bicuspid with singular obvious canals.
- Apical width corresponding 20 K-file/less

### EXCLUSION CRITERIA

- Apical width more than #20 K-file size
- Calcified canals
- Root caries
- Fracture/crack or a restoration
- Internal and external root resorption
- Presence of anatomic variations
- Curvature, more than 5<sup>0</sup> curvature

### PERMISSIONS TO BE TAKEN

- Ethical committee approval
- Dr. Prabhakar Kore's Basic Science Research Centre (BSRC), KLE University, Belagavi.
- Specimens were evaluated under the Confocal Laser Scanning Microscope at Birla Institute of Technology and Science, Pilani, K.K Birla Goa Campus

### SAMPLE SIZE ESTIMATION

Sample size at 95 % confidence interval and 95% power

$$n = \frac{(z_{1-\alpha/2} + z_{1-\beta})^2 (SD_1^2 + SD_2^2)}{(\bar{x}_1 - \bar{x}_2)^2}$$

$$\bar{x}_1 = 490.48$$

$$\bar{x}_2 = 379.0$$

$$SD_1 = 158.22$$

$$SD_2 = 114.02$$

$$z_{1-\alpha/2} = 1.96$$

$$z_{1-\beta} = 1.64$$

n = 40 per group

#### **MATERIALS:**

- Human mandibular premolar teeth
- 0.1% thymol (S D FINE-CHEMICALS LIMITED, MUMBAI)
- 3% Sodium Hypochlorite (VISHAL DENTOCARE, AHMEDABAD)
- 17% Ethylenediamine tetraacetic Acid (EDTA) (CANALARGE)
- 3% NaOCl+18% 1-hydroxyethylidene-1,1-biphosphonate (SIGMA-ALDRICH)
- Paper points (Diadent Group International)
- Distilled water (NICE LIFE CARE, NEW DELHI)
- GP points (Diadent Group International)
- Rhodamine B dye
- AH Plus sealer (Dentsply, Germany)
- Bioactive glass sealer (Cerkamed, Poland)

#### **ARMAMENTARIUM**

- K Files (#10-40)
- ProTaper Universal nickel-titanium files
- Airotor
- Endomotor
- Lentulospiral
- Micromotor
- 5 ml, 30-gauge syringe
- Diamond disk
- Confocal Laser Scanning Microscope

Human lower jaw bicuspid engaging singular roots and single canals were hand picked following its preservation in 0.1% thymol suspension. After RVG assessment and meeting inclusion criteria, teeth were sliced up to 14 mm for evenness. Working length determination,

and root canal instrumentation was proceeded capturing ProTaper universal rotary upto F3 master culminating file size. Chemomechanical procedure with three percent sodium hypochlorite was mastered followed by interim filing. Subject teeth were assigned to one of four intervention subgroups.

- SUBGROUP 1A: AH plus Sealer sealer + final flush with 17% EDTA
- SUBGROUP 1B: BIOACTIVE GLASS sealer + final flush with 17% EDTA
- SUBGROUP 2A: AH plus Sealer + final flush with equal proportion of 18 percentage HEDP with 3 percentage Hypochlorite
- SUBGROUP 2B: BIOACTIVE GLASS sealer + final flush with equal proportion of 18 percentage HEDP with 3 percentage Hypochlorite

**Devising flushing chemical:** 18% HEDP being devised from mercantile available company and manipulated in deionized water. Solution was manipulated 24hrs prior the experimental day and stored at 5<sup>0</sup>C. NaOCl and HEDP combinations were freshly mixed 1:1 (v/v) before the experiments.

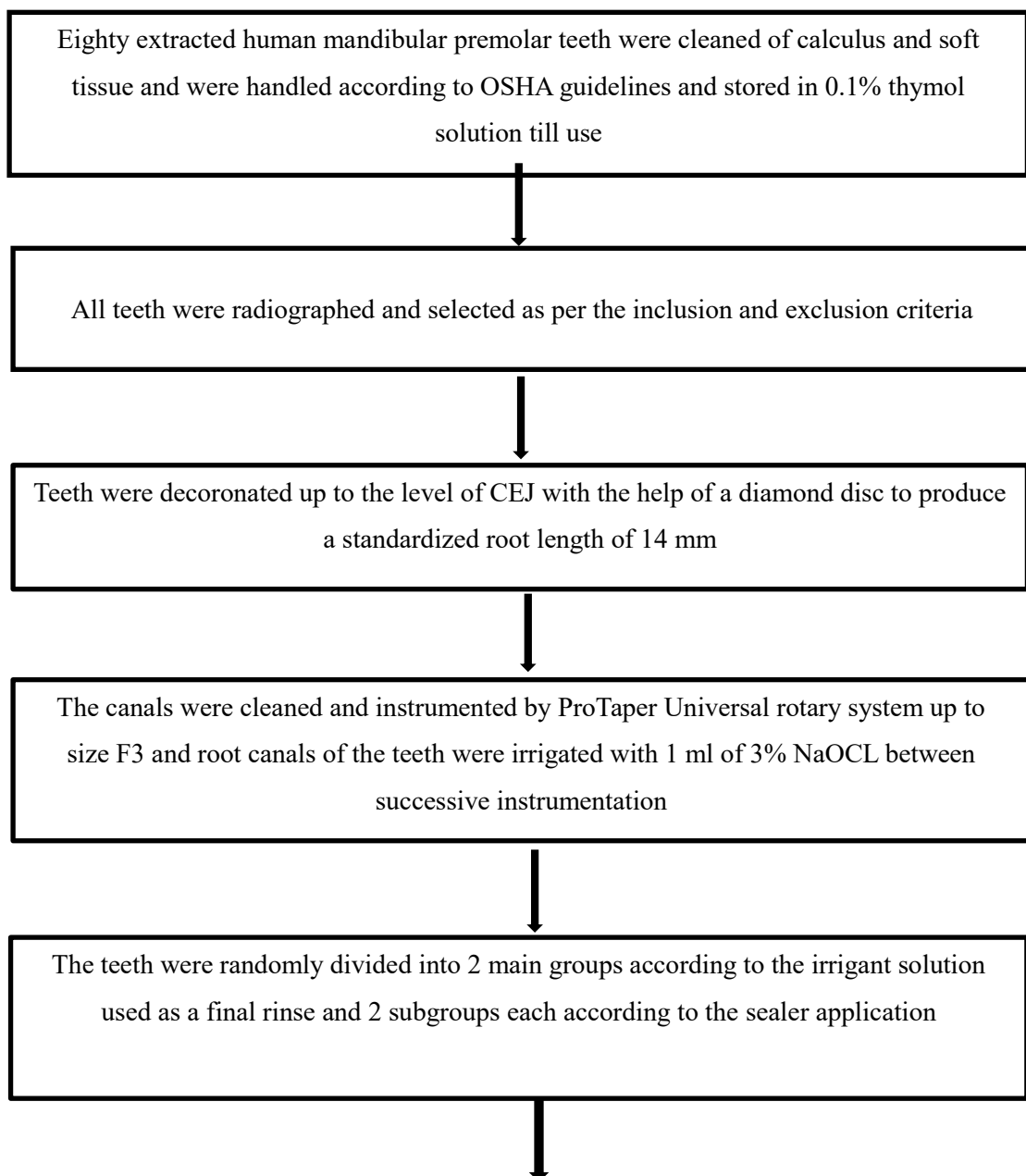
All irrigation solutions were administered utilizing five millimeter, 30-gauge syringe inserted one millimeter meniscal than the working length. Each specimen received a 5 ml flush of the experimental irrigating solution for 1 minute. Following this, radicular wall were thoroughly irrigated with ten millimeter distilled water for 1 minute plus dried using PP.

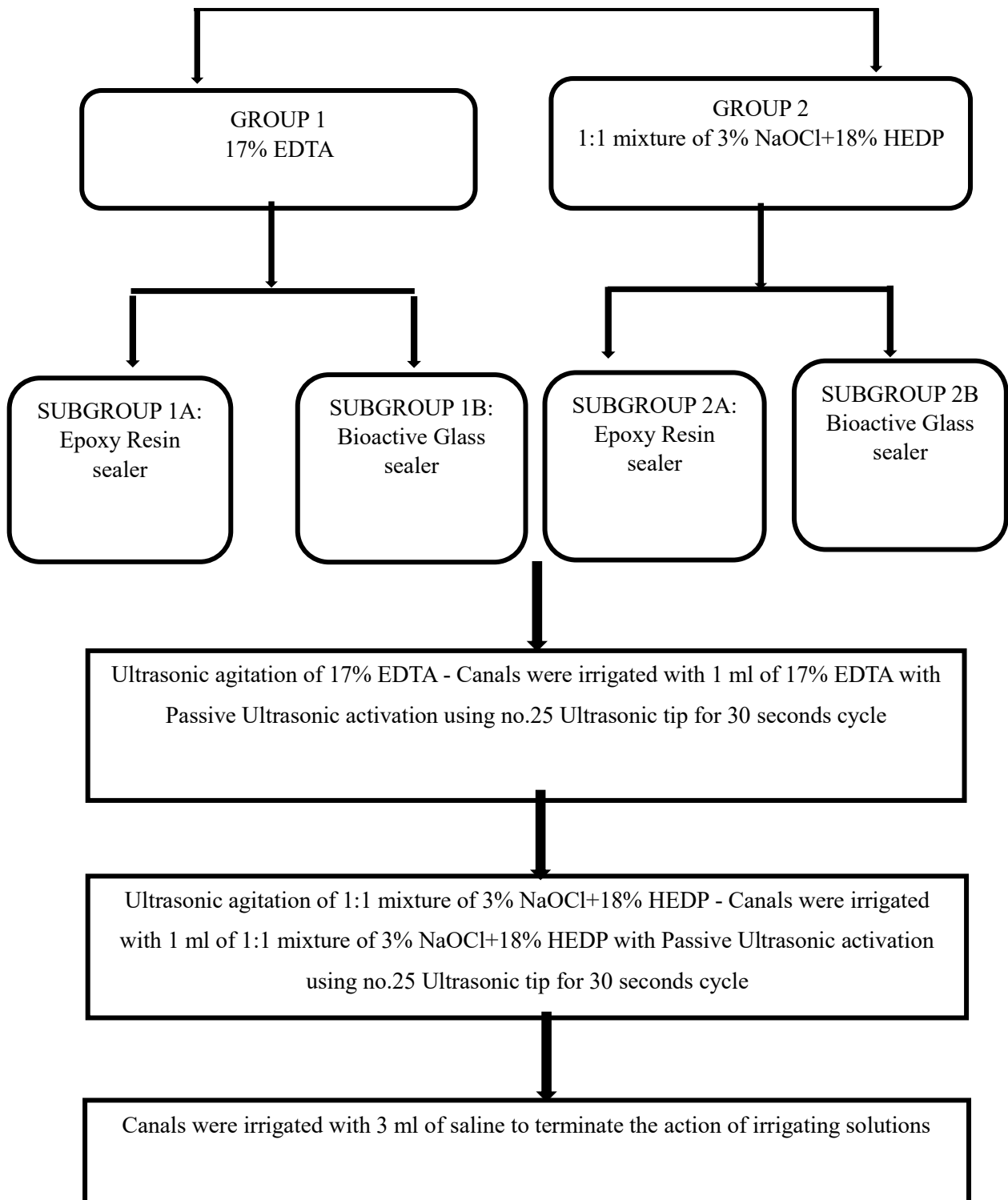
**Agitation of the irrigating solution:** Ultrasonic agitation of 17% EDTA and a with equal proportion of 18 percentage HEDP with 3 percentage Hypochlorite with PUI utilizing no.25 ultrasonic tip for a 30-second cycle enhances root canal cleaning. This method involves irrigating canals with 1mL of the respective solution, effectively removing debris and smear layer. Research suggests that ultrasonic activation combined with an irrigant yields superior cleaning compared to syringe irrigation alone.

To enhance fluorescence for visualization under confocal laser scanning microscopy, Rhodamine B isothiocyanate dye was added to AH Plus and Bioactive glass sealers at a

concentration of approximately 0.1% by weight during manipulation. Labeled sealers were applied into canal wall using a no. 30 lentulospiral, with GP cones coated in the labeled epoxy resin-based sealer placed to the working length. Surplus GP was sheared with cavit seal. Teeth were preserved at temperature 37°C with hundred percentage humidity for 7 days for sealer polymerisation. After complete setting, teeth will be horizontally sectioned at the apical third with a diamond disc, followed by polishing. Specimens were ascended on glass slides and assessed using CLSM

### METHODOLOGY WITH A FLOW CHART





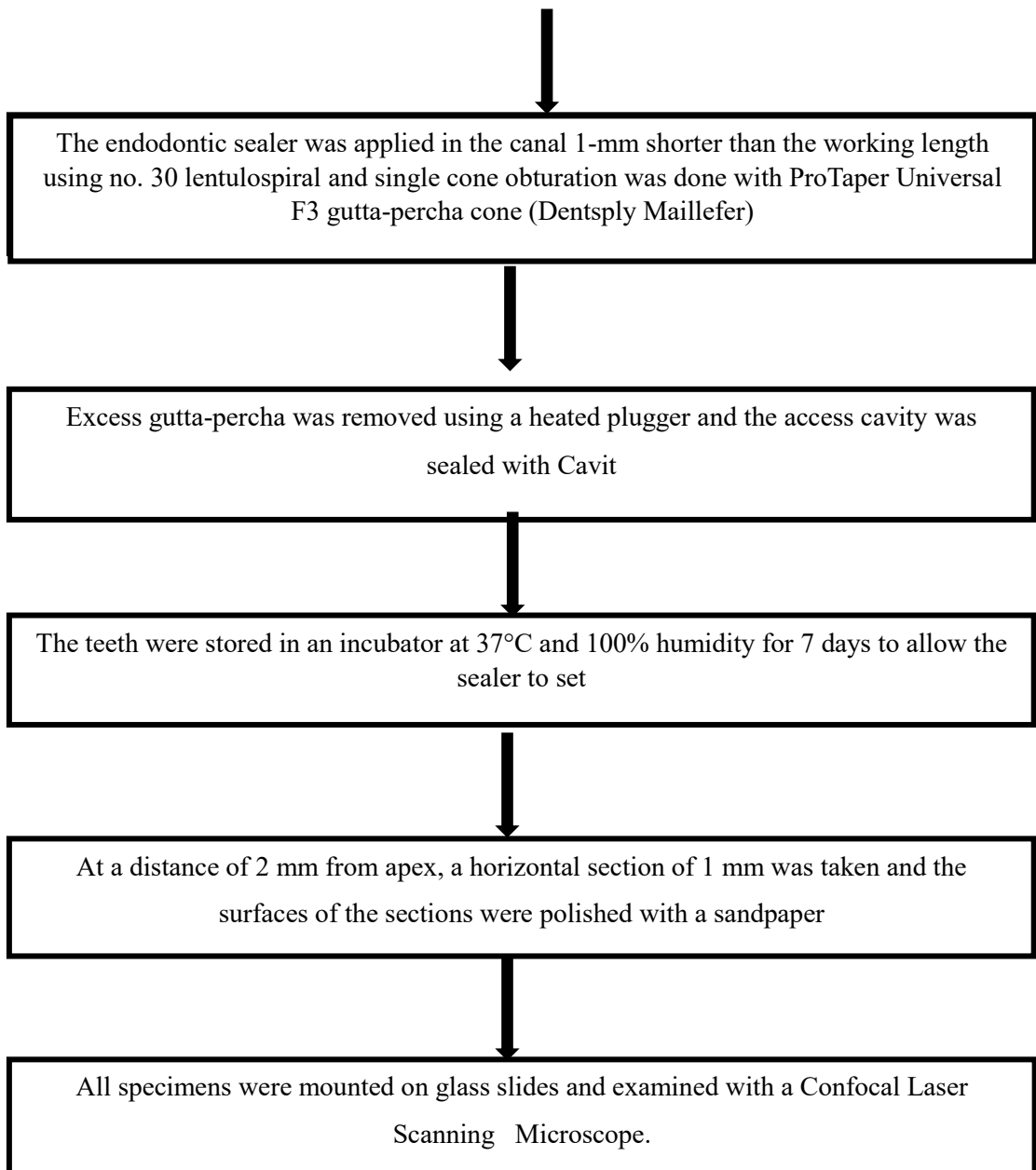




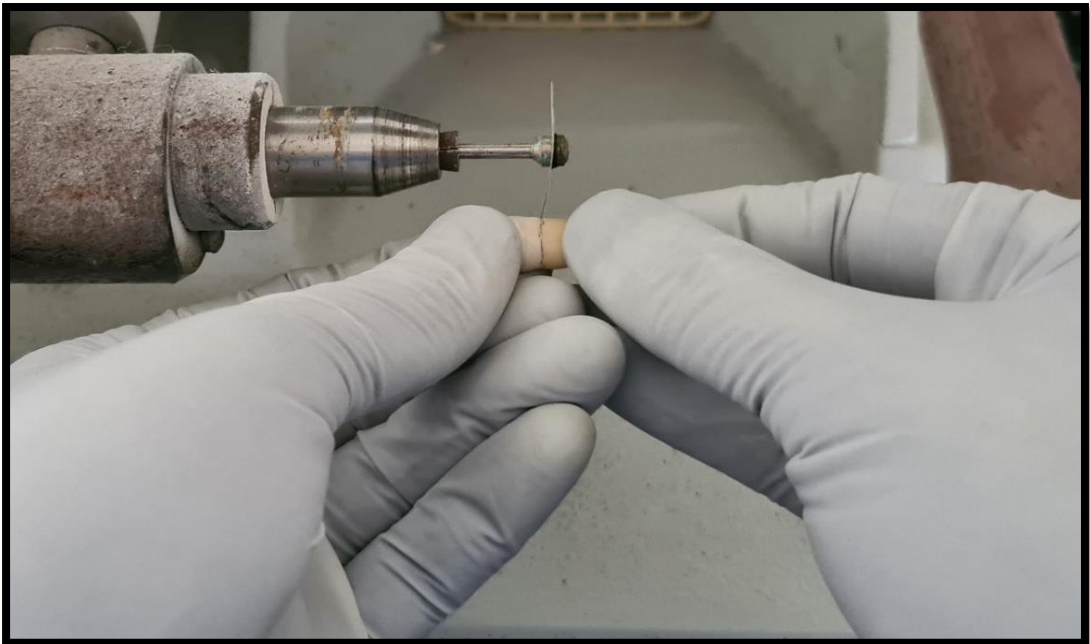


Figure 3: Materials





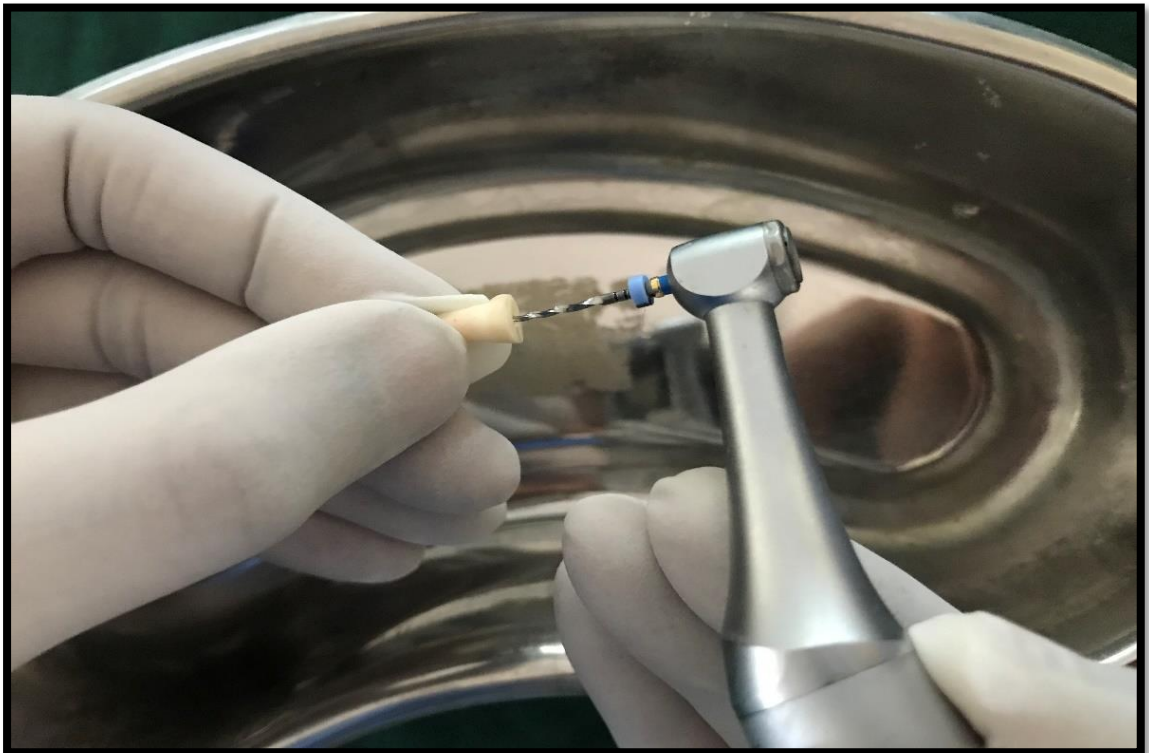
**Fig 4: Debris Removal**



**Fig 5: Decoronation**



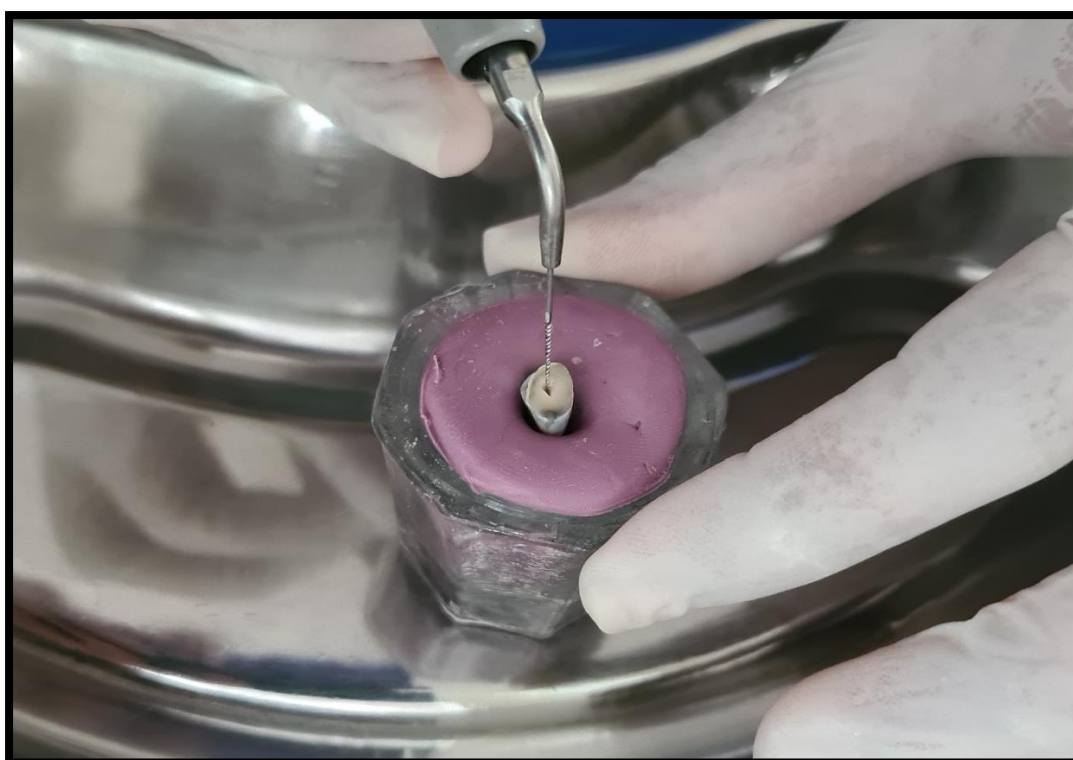
**Fig 6: Working Length Determination**



**Fig 7: Bio-Mechanical Preparation**



**Fig 8: Irrigation with EDTA and HEDP**



**Fig 9: Irrigation activation with PUI**



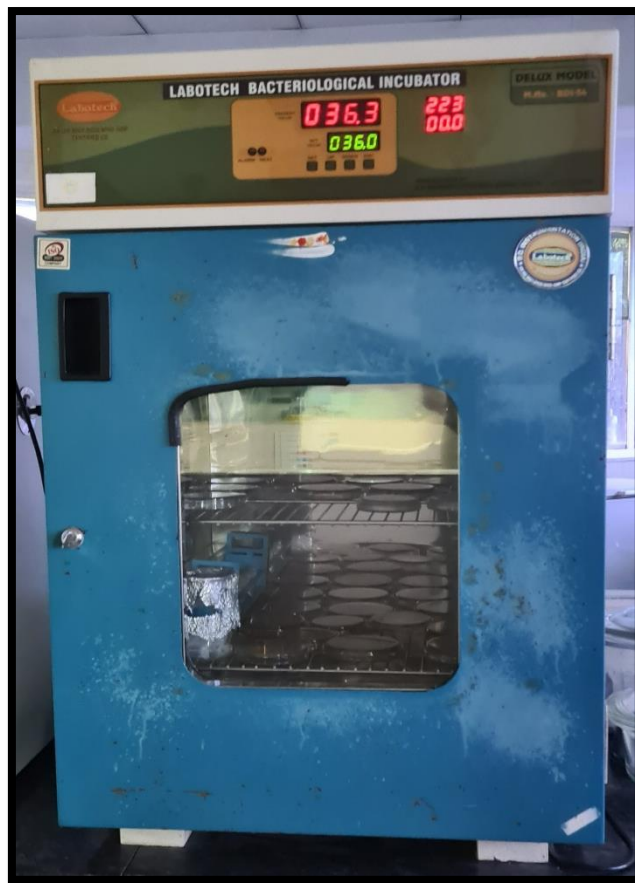
**Fig 10: Drying canals with paper points**



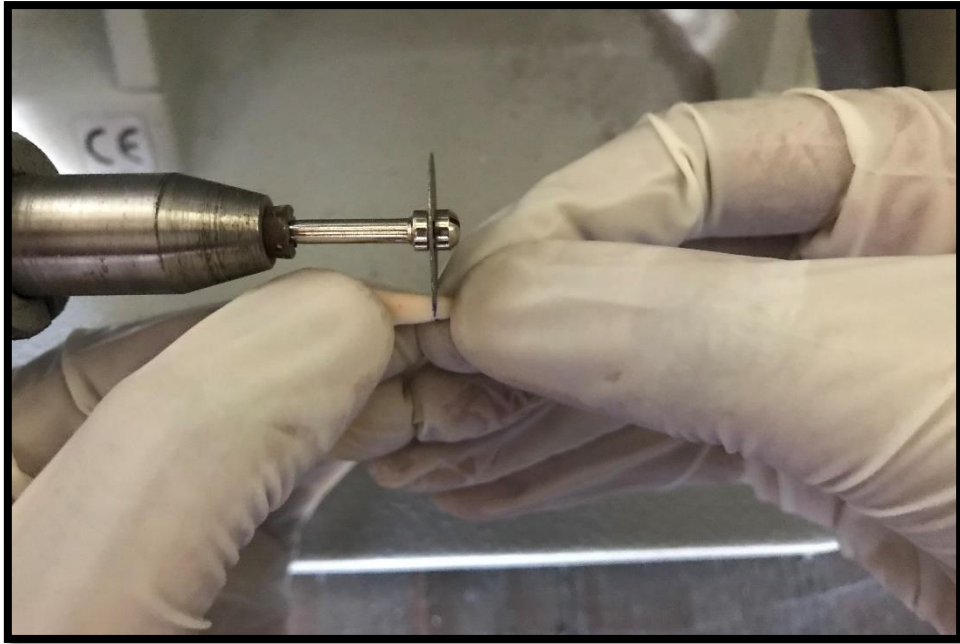
**Fig 11: Drying Can**



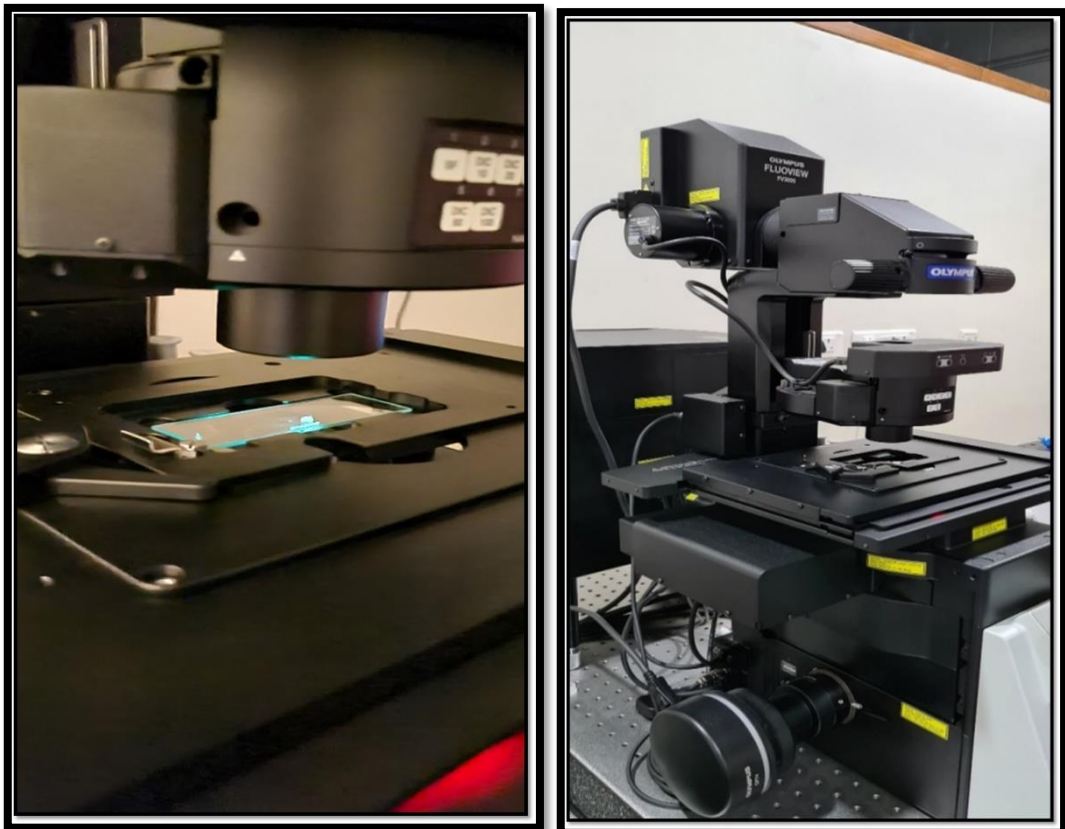
**Fig 12: Obturation**



**Fig 13: Incubation**



**Fig 14: Sectioning**



**Fig 15: Confocal Laser Scanning Microscope**

## RESULTS

In total, 20 samples were examined in each subgroup to assess apical third for sealer discernment. Table 1 summarizes the average penetration depth, SD, and SE for secondary groups, comprising 20 test samples per group, analysed using ANOVA. Spectacular mean penetration assessed apical 3<sup>rd</sup> with EDTA/AH Plus after PUI, reaching 1053.89  $\mu\text{m}$ , with statistically significant results ( $P=0.0001$ ). Conversely, specimens cored with bioactive sealant succeeding HEDP irrigation exhibited the least penetration, at 869.234 micrometre.

Tukey's multiple post-hoc test revealed a superior transition in penetration amongst EDTA and HEDP in the apical section. There are statistically significant disparities between the two primary groups. Additionally, superior transition was notable statistically amongst two subgroups when comparing AH Plus and bioactive. The analysis indicated a dynamic disparity of ( $p=0.0001$ ) between these subgroups, highlighting positive impact of AH Plus on sealer penetration.

Further comparison showed that the EDTA+AH Plus sealer penetration group exhibited superior penetration compared to the EDTA + Bioactive, HEDP + AH Plus, and HEDP + Bioactive sealer groups.

HEDP + AH Plus	EDTA + Bioactive	HEDP + Bioactive
$p=0.0178^*$	$p=0.0001^*$	$p=0.0009^*$

**Table: Levene Test of Homogeneity of Variances**

Variable	SS Effect	df Effect	MS Effect	SS Error	df Error	MS Error	F-value	p-value
Dentinal tubule penetration	43641.30	3.00	14547.1	916409.44	76	12058.02	1.2064	0.3132

Variances are homogeneous. Therefore, parametric one way ANOVA was applied

**Table:1 Summary of dentinal tubule discernment in secondary groups**

Group	Mean	Std.Dev.	Std.Err.	95% CI for mean	
				Lower	Upper
EDTA + AH Plus	1053.89	145.16	32.46	985.96	1121.83
HEDP + AH Plus	914.62	214.77	48.02	814.10	1015.13
EDTA + Bioactive Glass	890.34	89.07	19.92	598.65	682.03
HEDP + Bioactive Glass	869.23	99.88	22.33	822.48	915.97

**Table: 2 Four groups with mean dentinal tubule discernment by one way ANOVA**

Sources of variation	Degrees of freedom	Sum of squares	Mean sum of squares	F-value	p-value
Between groups	3	1771001.48	590333.82	27.7450	0.0001*
Within groups	76	1617062.74	21277.14		
Total	79	3388064.22			

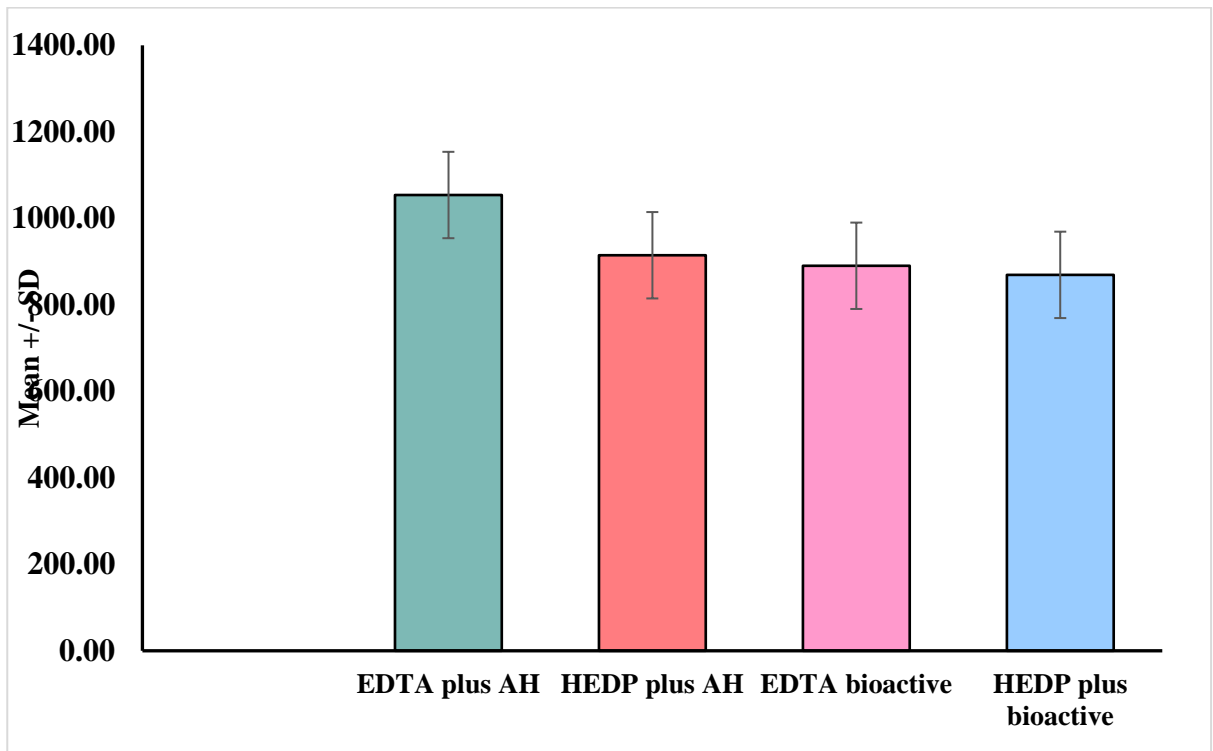
\*p<0.05

**Table:3 Pair wise comparison of four groups with mean dentinal tubule discernment by Tukeys multiple posthoc procedures**

Group	EDTA + AH Plus	HEDP + AH Plus	EDTA + bioactive	HEDP+ bioactive
Means	1053.89	914.62	890.34	869.23
Std.Dev.	145.16	214.77	89.07	99.88
EDTA + AH Plus	-			
HEDP + AH Plus	p=0.0178*	-		
EDTA+Bioactive Glass	p=0.0001*	p=0.0001*	-	
HEDP + Bioactive Glass	p=0.0009*	p=0.7590	p=0.0002*	-

\*p<0.05

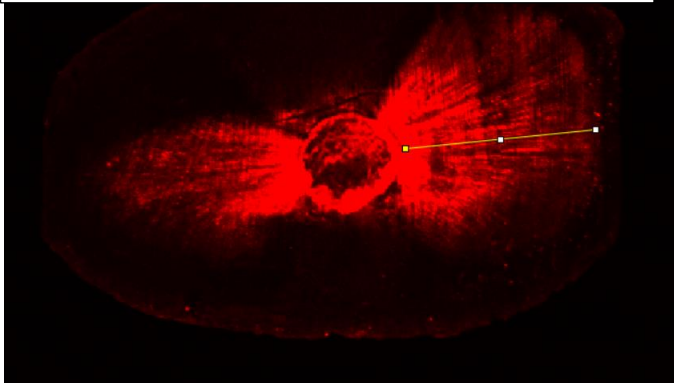
**Figure: 4 Comparison of four groups with mean dentinal tubule discernment**



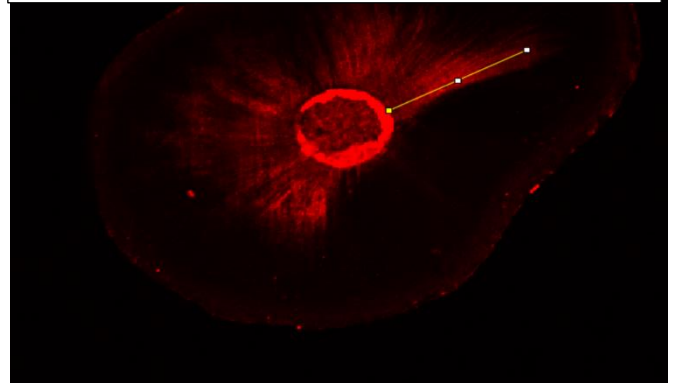
1196.69  $\mu\text{m}$

954.59  $\mu\text{m}$

CLSM image representing the depth of penetration of AH Plus sealer after EDTA activation



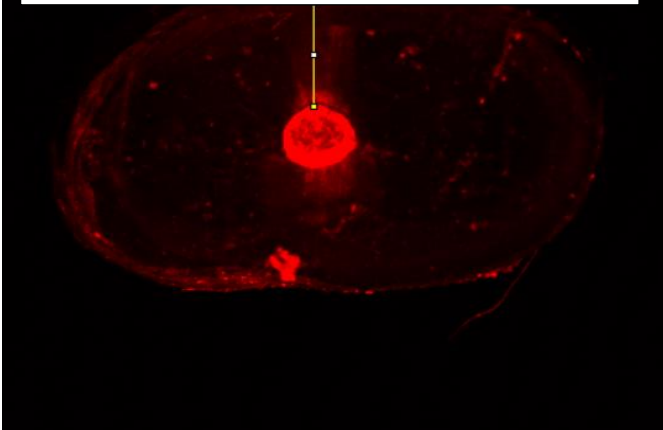
CLSM image representing the depth of penetration of AH Plus sealer after HEDP activation



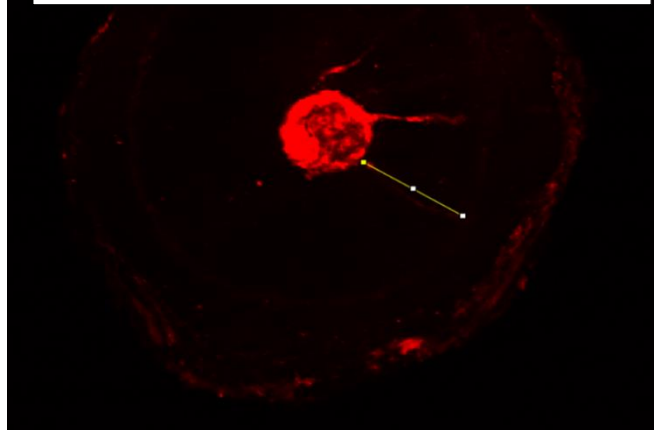
943.394  $\mu\text{m}$

895.709  $\mu\text{m}$

CLSM image representing the depth of penetration of Bioactive glass sealer after EDTA activation



CLSM image representing the depth of penetration of Bioactive glass sealer after HEDP activation



## DISCUSSION

The bullseye of therapeutic root canal is to thoroughly disinfect internal structure of the root canal <sup>46</sup>. While cleaning process, dentin mixture, pulp tissues makes residual layer, known as the smear layer, and is spread across the internal walls, thus creating a hurdle impeding Total bonding penetration of core material<sup>47,48,49</sup>.

Currently, amalgamation of smear removal techniques were crafted to get rid of smear layer<sup>50</sup>.

Irrigating solutions are employed to eliminate the smear layer that has been created. Sodium hypochlorite is adept at dissolving organic tissues and possesses bactericidal properties, although it is not particularly efficient at eliminating  $\text{Ca}^{2+}$  remains <sup>51</sup>.

Amalgamation of sodium hypochlorite (2.5-5%) with EDTA (10-17%) were unique at removing both organic and inorganic contaminants with EDTA being a  $\text{Ca}^{2+}$  chelating agent when applied as a final flush <sup>52,53</sup>.

In accordance to literature these chelators alter Ca and P <sup>48</sup>. Furthermore, sodium hypochlorite and EDTA strongly react, rendering the agent ineffective <sup>54,55</sup>. Therefore, during root canal therapies, it is imperative to look for an updated, biocompatible, and effective alternative irrigation technique <sup>56</sup>.

A chelating agent, HEDP, compatible with NaOCl, aids in root canal preparation by expediting sterilization and removing the smear layer. HEDP is safe to root dentin due to its basic pH, preserving  $\text{Ca}^{++}$  ions <sup>57</sup>. Despite this, it maintains smear eradication potential comparable to EDTA without compromising NaOCl's tissue dissolution. HEDP's optimal concentration for smear layer removal is recommended to be at least 18%. Manual and mechanised techniques, including sonic, ultrasonic, and apical negative pressure systems, enhance effectiveness of endodontic irrigants <sup>58</sup>.

When compared to traditional syringe and needle irrigation, these approaches provide a significant improvement in canal cleaning <sup>40</sup>.

Human mandibular premolars, with complex anatomical contrast with removal for orthodontic purposes, were utilized in the research. To prevent fungal growth, specimens were stored in a 0.1% thymol solution . Decoronation was performed to achieve a standardized radicular length of  $14 \pm 1$  mm associated flat coronal area. ProTaper Universal file were employed for BMP due to their cutting potential with diminished torsional stress <sup>49</sup>.

Irrigation procedure involved using three percentage sodium hypochlorite between successive instrumentations for its tissue-dissolving competence with final rinse 17% EDTA to remove the smear layer after NaOCl usage. In another experimental group, a final rinse was performed using equal proportion of 18 percentage HEDP with 3 percentage Hypochlorite. PUI was used to activate the irrigants. Ultrasonic energy has been utilized in endodontics for a significant period to pulverize debris and aid disinfection <sup>50</sup>. When combined with an irrigant, ultrasonics provide constructive root wall ecosystem debridement compared to orthodox methods. PUI involves activating the irrigant, generating ultrasonic frequency of 30 kHz. The resulting rapid vortex-like motion of the liquid and cavitation lead to the formation of spontaneous cavities throughout the liquid, enhancing full blown pulverization of canal system <sup>35</sup>.

Effective root canal treatment comprises three key phases: shaping and cleansing, disinfection, and hermetic seal. Ensuring tight contact between the radicular wall and the core filling material is essential for proper obturation, with root canal sealers playing a pivotal role in achieving this outcome <sup>48</sup>.

Cavition sealed the cavity. Maintaining 37 degree Celsius with humid conditions for 7days test subjects were preserved to ensure complete setting and polymerization of the sealer, mimicking oral conditions

To gauge the tubular penetration depth, Confocal Laser Scanning Microscope (CLSM) was elected over SEM – pertaining to its capability to sanction three dimensional image, documenting phases of radicular dentine at contrasting levels and evaluating precise depth measurement. Adding another feather to cap of CLSM is , it vanquishes artifacts <sup>23</sup>, because of analysis under 20-30microns.

The study discovered that AH Plus sealer demonstrated greater penetration at the deepest third when washed with EDTA and HEDP.

Specimens filled with bioactive sealer following EDTA and HEDP activation showed the least penetration. Significant differences were noted between secondary groups in observed sections, with a drastic unique disparity overall ( $p=0.0001$ ) among the four subgroups. Specifically, the EDTA+ AH Plus sealer group demonstrated superior penetration compared to the EDTA + Bioactive, HEDP + AH Plus, and HEDP + Bioactive sealer groups. Factors contributing to this discrepancy include the irrigation activation method and sealer flow ability.

PUI has affirming ascendancy upon sealer penetration conferred by Amin et al. Ultrasonic agitation can boost the apical penetration of an irrigating solution.

The study found AH Plus sealer exhibited superior tubular penetration when EDTA and HEDP accompanied it, likely due to its pseudo plastic nature it experiences decreased viscosity and increased flow under compaction, aided by higher shear rates. The chemical composition of sealers is crucial; hydrophilic sealers penetrate deeper than hydrophobic ones. AH Plus, a hydrophobic sealer, is affected by compaction pressure and elevated temperatures during obturation, leading to enhanced flowability and deeper penetration.

## **CONCLUSION**

The type of irrigating solution and flowability of sealer influences depth of penetration. Evaluation of sealer penetration reported , significant greater level with EDTA and HEDP respectively. To conclude, HEDP can implicitly replace EDTA. In accordance to study associated with EDTA shortcoming, in-vivo assessment of HEDP with bioceramic sealers should executed to bolster up the current thesis results.

## **SUMMARY**

Endodontic triumph is reliant upon cleaning, debridement of the canal ecosystem and a fluid tight impervious seal. Various newer materials have been introduced in order to achieve a highly sterile environment within the canal, resulting in successful outcomes. The concept of irrigant activation proved to enhance the efficiency of irrigant within the canal ecosystem as well in complex anatomies present.

In this study, dentinal penetration after using EDTA and HEDP has been evaluated as it has been observed that smear layer interferes with sealer penetrability. However, an association between these residues with epoxy resin-based sealers and bioactive glass sealer was found which led to the aim of this study.

Standardized root length of  $14\pm 1$ mm with the help of a diamond disk was achieved. WL was calculated using a #10 K-file and the samples were divide into 2

groups, EDTA and HEDP group. Biomechanical preparation was completed with ProTaper Universal till F3. Teeth were categorized at random 4 secondary groups (n = 20).

SUBGROUP 1A: AH Plus sealer + final flush with 17% EDTA

SUBGROUP 1B: Bioactive glass sealer + final flush with 17% EDTA

SUBGROUP 2A: AH Plus sealer + final flush with equal proportion of 18 percentage HEDP with 3 percentage Hypochlorite

SUBGROUP 2B: Bioactive glass sealer + final flush with equal proportion of 18 percentage HEDP with 3 percentage Hypochlorite

Obturation was done utilizing a sealer with 0.1% Rhodamine B dye and the samples were incubated for a week. Sectioning was done for CLSM evaluation and images obtained were analyzed using Image J software.

Null hypothesis of no disparity in advent of 17% EDTA and equal composition of equal proportion of 18 percentage HEDP with 3 percentage Hypochlorite as final flush on sealer discernment of epoxy resin based sealer and bioactive glass sealer was rejected.

Superior results were attained with EDTA + HEDP, with EDTA + AH Plus group demonstrating the tremendous penetration with inferior HEDP + Bioactive sealer group.

## **LIMITATIONS**

In the present study, HEDP + Bioactive sealer group showed least penetration. Bioactive glass sealer is a novel second generation bioceramic sealer with limited number of evidence based studies. The flow rate of Bioactive glass sealer is 18.25mm which is less than ISO requirement of 20mm which may explain its less penetration. In future modification in its composition such as particle size can be done to enhance its penetration. Within the limitation of this study, HEDP though being a weak chelating agent along with Bioactive sealer showed comparable sealer penetration to EDTA + AH Plus group.

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## **ANNEXURE – I – ETHICAL CLEARANCE LETTER**



**Research and Ethics Committee**  
**KLE VK INSTITUTE OF DENTAL SCIENCES**

A Constituent Unit of KLE Academy of Higher Education & Research  
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Sl. No. : **1598**

**CERTIFICATE**

EC/NEW/INST/2021/2435  
 Research & Ethics Committee

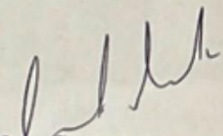
*This is to Certify that the synopsis titled*

*Effect of final irrigation regimens on the dentinal tubule penetration  
 of two different root canal sealers. A confocal laser scanning  
 microscope In-Vitro study* Submitted by

Dr. \_\_\_\_\_ REG.NO. IE0221002 \_\_\_\_\_ P. G. Student /

Staff, Guided by \_\_\_\_\_ from Department of  
*Conservative Dentistry & Endodontic* has been critically evaluated by  
 committee members and granted ethical clearance to conduct the above  
 mentioned study

Date :

  
**Member Secretary**  
 Research and Ethical Committee  
 KLEVK Institute of Dental Sciences  
 Belagavi  
 KLEVK Institute of Dental Sciences  
 Belagavi

  
**Chairman**  
 Research and Ethical Committee  
 KLEVK Institute of Dental Sciences  
 Belagavi

**ANNEXURE – II – BIOSTATISTICS CLEARANCE CERTIFICATE**

# KLE V.K. Institute of Dental Sciences

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## Biostatistics Clearance Certificate

This is to certify that the Biostatistics aspect of this dissertation/ Thesis work of  
REG.NO. IE0221002 post-graduate student, under the guidance of  
Department of Conservative Dentistry and  
Endodontics, entitled "COMPARATIVE EVALUATION OF THE EFFECT OF  
FINAL IRRIGATION REGIMENS ON THE DENTINAL TUBULE PENETRATION OF  
TWO DIFFERENT ROOT CANAL SEALERS: A CONFOCAL LASER SCANNING  
MICROSCOPIC IN-VITRO STUDY." has been done under my guidance and completed  
satisfactorily.

Place: Belagavi

Date:

Name & Signature of Biostatistician

**Dr. S. B. JAVALI** Ph.D.  
Sr. Associate Professor in Statistics  
Department of Community Medicine  
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# ANNEXURE – III – PLAGIARISM CHECK REPORT

## Scientific Correspondence and Review Committee



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## PLAGIARISM CHECK REPORT

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Batch & Year : 2021 - 2024

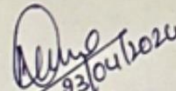
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"IRRIGATION REGIMENS...1:1...MIXTURE...OF...3...%...NaOCl...+...18...%...  
HEDP AND 17-J. EDTA ON THE DENTINAL TUBULE PENETRATION  
OF TWO DIFFERENT ROOT CANAL SEALERS...A CONFOCAL LASER..."  
SCANNING MICROSCOPIC STUDY

under the guidance of .....has been submitted for

Anti-Plagiarism check to the Scientific Correspondence & Review Committee of KLE VK  
Institute of Dental Sciences using "Turn-it-in" software.

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23/04/2024  
**Member Secretary**

Scientific Correspondence and Review Committee  
KLEVK Institute of Dental Sciences  
KAHER-Belagavi

  
**Chairman**

Scientific Correspondence and Review Committee  
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